

# UNIVERSITY OF MARYLAND EXTENSION



## Frederick County 4-H Newsletter

April—May 2024

Spring Greetings to Our Wonderful 4-H Families!

This season holds special significance for us in the 4-H community as we are gearing up for the fun summer months ahead! As the sun shines brightly and the days grow longer, we welcome the vibrant energy of spring and summer with open arms. It's a time for another year of adventure, growth, and FAIRS! Summer is always a great time for our youth to embark on new journeys of learning and discovery, guided by their amazing family members and our outstanding volunteers' unwavering support and encouragement.

In this edition of our newsletter, we have so many things to celebrate in Frederick 4-H. From Achievement Day to field trips, honoring graduating seniors, and keeping busy with club fundraisers and outings, there's been quite a flurry of activity.

Thank you for joining us as we come together to create memories that will last a lifetime. Together, let's continue to cultivate friendships, nurture curiosity, and celebrate the achievements of our incredible 4-H youth.

Thank you for being an integral part of our 4-H family. Here's to a summer filled with growth, laughter, and endless possibilities!

Warmest regards,

Anna & Erin

Your Frederick County 4-H Educators  
Anna Glenn & Erin Kline

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# Events

## Achievement Program

We had such a fun afternoon on May 5th celebrating so many of our youth and volunteers at the 2024 Frederick County 4-H Achievement Program. Thanks to all who came and celebrated with us and all those who pour into these kids throughout the year. What a difference you make!

In total, we gave 228 awards to youth and recognized 40 volunteers!

None of it would have been possible without our amazing sponsors who gave to help support our awards! A Big THANK YOU to all these local businesses, organizations, and individuals who donated to support this event:

Horizon Farm Credit Employees  
Frederick County MD Farm Bureau  
Sally Arnold and Associates  
Wegmans  
Jane Smith  
University of Maryland Extension-Frederick County

New Market Grange  
Linganore Grange  
Jefferson Ruritan Club  
Calico Nutrient Management

Rocky Point Creamery  
aka Friscos Restaurant  
Frederick County 4-H All Stars  
Brunswick Ruritan Club



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# Events

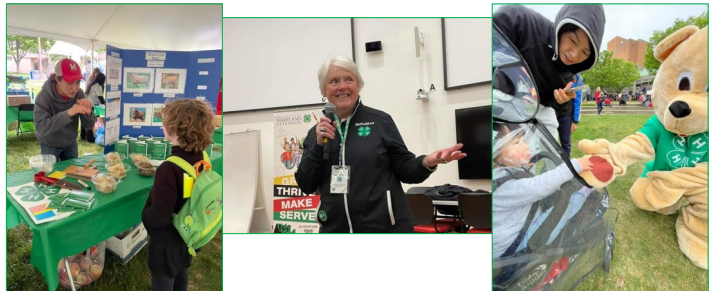
## Project Day

Thanks to the Master Gardeners Frederick County for helping to teach such a FUN project workshop! Everyone's fairy gardens turned out super cute and we can't wait to see them at fair in September!



## Maryland Day at UMD Campus

A fun day down on UMD campus for the big annual Maryland Day event. We had Frederick 4-Hers participating in the state public speaking competition and helping teach the public about agriculture and 4-H



## The Wonderful World of Grains

Lincoln Elementary and Butterfly Ridge Elementary 4th grade classes had fun on the farm May 6th and 7th with The Wonderful World of Grains field trips! Over 150 kids joined UME 4-H & Extension Educators at the Western Regional Research and Educational Center to learn about grain science grain nutrition, grains and animals, and grains around the world. They took a tractor ride around the farm, pet animals tried lots of new food with whole grains, and even learned about grains in different parts of the world and how they are processed and eaten . Thanks to the Maryland Agriculture Council and the Maryland Grain Producers Utilization Board for their financial support for this field trip! For many of these kids, it was their first time ever on a farm and they had a blast!



# Events

## AgSploration Series at C Burr Artz Library



Fun times with the kick off of the AgSploration Series at C Burr Artz Library! On May 10th we learned about how milk gets from the cow to the table, how butter is made, and the science of milk. Next week is all about corn and the fun and surprising things that are made out of it.

## School House Chicks Program

Chicks were in 17 classrooms all throughout Frederick this Spring! The 4-H School House Chicks program allowed students throughout Frederick County to experience seeing chicks hatch out of their shells and greet their new student friends. This program not only helps expose kids to agriculture, but it also makes learning come ALIVE by helping kids connect what they are discussing in the classroom, like animal life cycles and general biology, to the real world.



## Frederick Flying Cows



Thank you so much to the Frederick Flying Cows for choosing Frederick County 4-H as the “Charity of the Game” and thanks to our amazing volunteers and families who came out on April 14th and supported us at this event! We received a check from Flying Cows for \$888.31!

# Events

## Vet Science Workshop

So much fun today at the Frederick County 4-H Vet Science Workshop! First we learned about the importance of biosecurity and PPE by loading pigs (pink ) covered in GloGerm into the trailer. We learned how quickly and how fast the germs can spread when lots of animals are together!

We then practiced determining blind spots, flight zones, points of balance, slip tie knots with Ms. Cheyenne (Fred 4H alumni and vet student). Here we learned how important it is to approach animals safely and work with them regularly so they get comfortable with us!

Then Dr. Michelle walked us through how to perform a basic health check with some simple procedures on a dog. We also got to "play veterinarian" by doing some investigation via some sick patient ID cards and matching them up with the correct disease. Not an easy task with so many different diseases out there! We learned how vets have to be patient and keep good records if they are going to be able to help their patients.

One of the favorite parts of the day was making our own Veterinary First Aid kits with Ms. Margaret! Each kid got to take one home after learning about what each item could be used for. e able to help their patients.

We wrapped up with some Q&A with our resident vet, vet tech, and vet student. We learned just how important our 4-H experiences can be when applying for vet school (and any job for that matter) and were encouraged to keep getting involved in every opportunity we can. These future vets are now ready to go!



# Member Shoutouts



Congratulations to Caroline Clark, an awardee for the 2024 Frederick County 4-H Scholarship and also was awarded the Darren Kennedy Scholarship for 2024 !!

Caroline Clark has been a member of Frederick County 4-H since the age of 5. She comes from a legacy 4-H family and they are very proud of her accomplishments. She has been an active member of the Rocky Ridge 4-H Club (President), Catoctin FFA (Vice President), as well as the Rocky Ridge Youth Association (President). Over the years she has participated in 4-H activities, locally, regionally, state, as well as nationally. Her projects have included; Market Sheep, Market Goat, Breeding Sheep, Poultry, Crafts, Sewing, Entrepreneurship, Tractor Driving, Field Crops, Fashion Revue, Skillathon, Dairy Skillathon, and Livestock Judging. She will be graduating from Catoctin High School very shortly and then she will be working through the summer prior to going to college. She will be studying Animal Science at the University of Maryland College Park.



Congratulations to Liam Grogan, an awardee of the 2024 Frederick County 4-H Scholarship and was also awarded the Darren Kennedy Scholarship for 2024 !

Liam has been actively involved in 4-H for 10 years. He has been a member of the Robo Rangers, Entomology club and the Beef, Sheep & Swine club, serving as the president in each. Liam has carried a robotics and an entomology project for ten years and shows pigs, turkeys, and sheep. Liam has served on the Maryland 4-H State Council for two years and is currently working on his Diamond Clover level 6 project, chronicling the rich history of 4-H in Frederick County. Later this fall he will be attending University of Maryland and majoring in Mechanical Engineering. He plans to work in agricultural robotics, helping enhance American food production while still keeping farmers at the forefront of the industry.



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# Member Shoutouts



Congratulations to Dalena B. for being a recipient of the 2024 Farm Credit Foundation for Agriculture Scholarship. Pursuing a career in livestock management and welding, Dalena B. hopes to provide her community with high quality, locally raised retail cuts of meat from beef, sheep, swine, and goats.



Congratulations to Jaclyn B. for being a recipient of the 2024 Farm Credit Foundation for Agriculture Scholarship. Jaclyn B. is chasing her dream of becoming a veterinarian and aspires to become a catalyst of change for a sustainable future through assisting producers in making effective livestock decisions with respect to their operations and animal health.



Congratulations to our very own Frederick County 4-Her, Mila P.! She was selected as one of the 30 4-H kids from the United States to participate in the States 4-H International Exchange Programs and the only one from Maryland to be going to Japan this summer!



From just one rabbit to a farm with goats and chickens, a thriving business, and a solid career path! Mia has absolutely thrived as a Frederick County 4-Her and we couldn't be more proud! She was featured in a FCPS Spotlight. Best of luck on this next chapter, Mia!

## Become a 4-H Volunteer today and help create life-changing experiences for youth in your community!

4-H Volunteers are a key component of the 4-H program. No matter your background or expertise, as a parent, a project leader, or any other leadership capacity, you can offer your unique talents, perspectives, and guidance.

- Lead community clubs, school-based or after-school programs, and camp settings
- Create community service opportunities for youth in your area
- Work with other adults to create fun and exciting programs



For more information and forms go to: <https://extension.umd.edu/locations/frederick-county/local-4-h-youth-education/ume-volunteers>

### What are the steps to becoming a 4-H volunteer?

Enroll in 4-HOnline as a Volunteer to start the process.

- Go to <https://v2.4honline.com/>
- If you already have a family profile, while in your "Member List" click on "Add Member" and then complete *New Applicant* as your Volunteer position.
- If you are brand new to 4-H, please create a new account and then select *New Applicant* as your Volunteer position.

After you complete your enrollment in 4-HOnline, you will receive an email from Kim Krasauskis with the following steps for completing your 4-H Volunteer On Boarding:

- ◇ **1. Background Check:** Once you complete your 4-HOnline enrollment (#2 above), the Maryland 4-H office will send you an invitation email around the 1st or 15th of the month (depending on when you submitted your enrollment) through vendor *Sterling Volunteers*. **THIS MUST BE COMPLETED WITHIN 30 DAYS OF RECEIVING THE INITIAL EMAIL FROM [TheAdvocates@sterlingvolunteer.com](mailto:TheAdvocates@sterlingvolunteer.com) or you will be DISMISSED by Maryland 4-H for one year and unable to volunteer with 4-H until completing the onboarding in 2024.**
- ◇ **2. References:** An *Adobe Sign* email will be sent to your 3 references listed in your 4-HOnline Screening, so they can complete the reference form digitally. Please let them know in advance so they can watch for the email coming from [kkrasaus@umd.edu](mailto:kkrasaus@umd.edu).
- ◇ **3. Volunteer Orientation Training -Please watch [this 4-H Volunteer Orientation Video](#)** and then complete the Orientation Survey. I will automatically receive a notification of your completion of the 4-H Volunteer Orientation Training Survey.
- ◇ **4. Phone Interview** - To select a sign up time please go to: <https://calendly.com/erklined/4-h-volunteer-phone-interview>
- ◇ **5. Signing an Appointment Agreement and Position Description** via an *Adobe Sign* email that will be sent to you after Steps 1-4 are completed.

**\*\* A 4-H Volunteer cannot work with 4-H Youth until ALL the above steps are completed and the 4-HOnline record is approved by both the State office and our local Frederick County office. The volunteer will receive a welcome email after all steps and approvals are completed and they are cleared to work with 4-H youth.**

If you have any questions about becoming a volunteer, please reach out to Kim Krasauskis at [kkrasaus@umd.edu](mailto:kkrasaus@umd.edu) or 301-600-1595.

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**News and Notes from the Great Frederick Fair:**

**New Website:**

We have revamped our website with a new user-friendly look! Check it out at [www.thegreatfrederickfair.com](http://www.thegreatfrederickfair.com).

**Reminders:**

**Beef weight checks:**

The scales will be available to use again this year to check the progress of your steers. They will be open the second Tuesday of each month at 6:30pm (except for April). Please use this link to register so we know who will be coming each month. <https://forms.gle/7DNAcqsPGxrfZaGu6>

- June 11<sup>th</sup>
- July 9<sup>th</sup>
- August 13<sup>th</sup>

**Save the Dates:**

- Sept 10<sup>th</sup> – Pass pick up & Royal Ambassador Program
- Sept. 13<sup>th</sup> – 21<sup>st</sup> – The Great Frederick Fair

**Reminder:** A reminder that Rabbit and Poultry forms are due to the fair on August 1. Links to forms can be found on GFF website.

**Eligibility Requirements:**

- All youth must be a member in good standing of either Frederick Co. 4-H, FFA or the GFF Youth Program. The GFF Youth Program is strictly for those individuals that are NOT participating in 4-H or FFA.



Sheep and goat weigh in June 3rd at The Great Frederick Fair!



Swine weigh-in June 1st at The Great Frederick Fair !

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# Club News

## Shookstown

The Shookstown 4-H Club met December 18, 2023 for a short monthly meeting and to enjoy their holiday party. We had pizza, and played some games, including a gift exchange. The club elected the new officers for 2024.

President- Colton  
Vice President- Madison  
Secretary- Triston  
Reporter- Blake  
Treasurer- Elianna

Looking back at everything our Club did for 2023, whether it be fundraisers, community service or the different awards members have received; they've been busy. Some of the community service projects included: Good Samaritan, Frederick Health Hospital, Humane Society, homemade Christmas cards for local nursing homes and gifting a little girl from an Angel tree for Christmas. We organized a successful fundraiser that was held at Roy Rogers. All of the community service projects was a big success. Our biggest was for the Good Samaritan boxes. Our Club packed 24 boxes for the children.

Our Club has been brainstorming new ideas for 2024, and they have some great ideas. We are going to challenge other 4H Clubs with one of the ideas. Details in the coming months. We have a fundraiser raffle going on now, if anyone is interested. They're \$5 a ticket. Contact a Club member, if you would like one.

We look forward to 2024 and recruiting new members. And the many new projects and ideas our club has.

Submitted by:  
Laura, Pam & Ruby

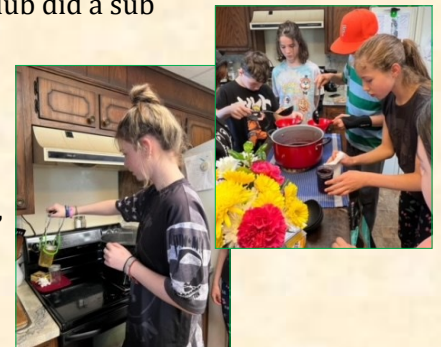
## Kaleidoscope of Projects

The Kaleidoscope of Projects 4-H club has had a very busy Spring! In April, the club did a sub sandwich fundraiser and sold 84 subs. According to customers - they were delicious! During the April meeting the club hosted the Maryland State Police, who gave presentation on internet safety.

In May, the club participated in a canning workshop to prepare entries for the Frederick Fair. Members canned both apple and grape jelly. At the May meeting, the club was taught how to make silk corsages and everyone got to make one to enter in the Fair. Everyone enjoyed picking out colorful flowers and ribbon.

The summer months will continue to be busy for the Kaleidoscope club with more workshops for Fair entries, a Ruritan Clean Up Community Service Project, and a snow cone fundraiser!

Reporter, Ainsley H.



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# Club News

## Lincoln After School

The Lincoln After School Club planted two native shrubs in honor of Earth Day at the school. Everyone got their hands dirty helping to provide food and shelter for our native birds and pollinators.



## Middletown Valley Dairy

Check out this poem written by one of our very own, Atley S. that was published recently in Hoard's Dairyman!"

I Will Always Be A Farm Kid By Atley S.

Before I am anything, a woman or a student, I am a farm kid.

The value of agriculture, work, and family provided me with experiences

That have shaped me:

The long days-some containing sweat and tears, and

Early mornings, waking up to the darkness at 4:30.

Walking into the parlor for morning milking, when everything is still, only hearing the silence.

Drinking my coffee in the parlor while milking, enjoying the sweet but bitter taste.

Feeding calves in the afternoon with cats begging for a drink of milk,

Moving heifers for eight hours straight, counting down how many more trailer loads until dinner.

Checking for newborn calves and watching as a new mother cleans her prized possession.

In the Winter, getting to watch heifers play on the white carpet of snow

as I button my overalls to fight the low temperatures.

Seeing the Summer sun shine, putting glitter on the cows while they rest in the free stall barn.

Riding in the fields with cousins and friends,

Working with ornery heifers for the fair, and

Helping repair machinery, when I have no clue what I'm looking at.

Cleaning out a barn, feeling like my arms can't hold a pitch fork any longer.

My dad teaching me to drive the tractor, driven by three generations before me.

Late nights riding in the tractor, only seeing the rows of corn ahead, and

Delivering field dinners as they rush to finish before it rains.

All this has made me. Shaped me. Taught me.

All in all, I am grateful for the place where I've lived, learned, and changed-the farm.

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# Club News

## Forever 4-Hers & Valley Urbanites

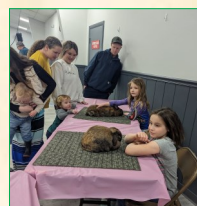
The Forever 4-Hers Club and Valley Urbanites Club placed flags on military graves for Memorial Day at the Zion Lutheran Church's Cemetery in Middletown, MD. We discovered a grave stone mentioning 4-H!



## Rabbit Raisers

The Rabbit Raisers 4-H Club is officially ready for spring! Our members have been busy doing many activities as a club. In February we volunteered to help out at the Central Maryland Antique Tractor Clubs annual Toy Auction. This is our 3rd year as a club participating and we always have fun as we help to display the items being auctioned. Our club is happy to support the CMATC and we appreciate all they do for the Rabbit Raisers. In March members brought their rabbits to multiple community events. Our members have visited nursing homes with their rabbits and chickens, we were invited to bring rabbits to the Easter Bunny at the Airport event, and we helped out at the 4-H Camp Center for Breakfast with the Easter Bunny. The club has a fun time sharing our rabbits with the public and talking about our projects. We have been busy at our meetings making plans for the year and having fun with club crafts for the fair. We are also excited to have new members who joined the Rabbit Raisers this year and we can't wait to see what this year brings!

Submitted by Sawyer B.



### Upcoming Newsletter Submission Deadlines:

**June/July** - Friday, June 7

**August/September** - Friday, August 2

**October/November** - Friday, October 4

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### ***Instagram***

Please follow us and share!

@Frederick4HYouth

<https://www.instagram.com/frederick4hyouth/>

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