



The 4-H Resume

What is the 4-H Resume?

- The Resume is an accumulation of what you have done throughout your 4-H career (start with the most recent and go to the oldest).
- The judging is based on Citizenship, Leadership, and Life Skills

The Format

- Personal Information
 - Name, Address, Email, Phone Number, Club, County
- Objective
 - Fill in a one-sentence objective when you create a resume for a particular purpose. Your objective is best expressed in the fewest words possible, while still being clear and explicit.
- Skills and Accomplishments
 - Summarize your leadership activities, citizenship activities, and life skills acquired. Be explicit and use duties and numbers where appropriate.
 - Citizenship - indicate major leadership roles and impacts.
 - Leadership - indicate major leadership roles and impacts.
 - Life Skills - indicate special achievements; focus on knowledge and skills gained through 4-H involvement. Some life skills could include:
 - Managing - keeping records, wise use of resources, planning/organizing
 - Thinking - problem solving, critical thinking, decision making, learning to learn
 - Living - disease prevention, personal safety
 - Being - self responsibility, self discipline, character
 - Working - teamwork, self motivation, contribution to group effort
 - Giving - community service, leadership
 - Caring - sharing, empathy, concern for others
 - Relating - communication, cooperation, social skills, accepting differences
- Education
 - Include name of school attending and anticipated graduation date. Also, list most meaningful participation in school activities (leadership and honors).
- Employment (Optional)
 - List any work experience. Include the month and year of beginning and ending dates of employment. You can also include what you learned while working there.
- Personal Information
 - Include information on family, hobbies, school and community organizations. (Especially those that contribute to your objective and information in your resume.)