September Meeting

<u>Topic</u>
Drying Herbs and
Spices

<u>Speaker</u>

Dhruti Patel

Date

Tuesday, September 10th

Time

7:00 PM

Location

70014

Continuing Education

Dhruti Patel is a Tenured Family and Consumer Sciences
Educator with the University of Maryland Extension. She has 16
years of nutrition and health experience in healthcare, community
and academic settings She has a bachelor's degree in food and nutrition, a
Masters' degrees in both clinical dietetics and nutritional sciences and is
currently a doctoral candidate in education. Her areas of expertise are nutrition,
stress management, mindfulness, food preservation and wellness. She has
authored twenty-three manuscripts on an array of nutrition and wellness topics
and has presented at more than thirty-two conferences at international, national,
and state levels. She served as State Nutrition, Health, and Wellness Action Team

Dhruti is Senior Food and Consumer Science (FCS) agent and will be presenting a two-part series: *Capture the Flavor* and *Drying Herbs and Spices*.

chair for Maryland Extension and as a co-chair for One Health strategic initiative

for University of Maryland's College of Agriculture and Natural Resources.

Capture the Flavor

On September 3rd at 10 AM, Dhruti will discuss the history of herbs and spices, best practices of usage, cooking tips, and storage guidelines. This is an interactive session and will be in-person at the Extension Office at 97 Dairy Lane, Gambrills, MD 21054

Registration: Capture the Flavor

Drying Herbs and Spices will be during our monthly meeting when Dhruti will discuss evidence-based strategies and principles of drying herbs and spices at home with food safety standards.

I hope that you can make it!

Maxine



Aug 28

online

11:30 AM

Nutrition, Health, and Wellness: Healthy Eating with the Mediterranean Diet

Discover the secrets of the Mediterranean diet for a healthier lifestyle and prevention and management of certain chronic diseases!

View Event



Maryland Native Plant Society Registration is now open.

MNPS Monthly Program: Maryland Trees Under Attack: What We Can Do with Faith Campbell

08/27/2024 7:00 PM Zoom Meeting

Register for Trees Under Attack

Maryland's largest native plants--ash, beech, hemlock, and American chestnut*--are under attack from non-native insects and diseases! Which have been most heavily affected? What are the impacts on plant communities more broadly? What strategies can citizens support through volunteer actions and advocacy?

Annapolis Horticultural Society Meeting

September 4, 2024; 7 pm

199 Duke of Gloucester Street, Annapolis - entrance on Charles Street around the corner).

The Flowers to Pharmaceuticals presentation reviews the origin and evolution of plantbased medicines. It reviews the critical aspects of how plant-based medicines were used through history. Common formulations for administering plant-based medicines are reviewed along with examples of toxicities associated with the use of plant-based medicines. A discussion of the current investigations into the role plant-based medicines may have in modern medicine is also included in the presentation. The presentation also reviews restoration of the Pry House Medicinal Garden located on the Antietam National Battlefield in Keedysville, MD. Greg Susla is a retired pharmacist who received his pharmacy degrees from the Universities of Connecticut and Florida and completed a critical care pharmacy residency at the Ohio State University Hospitals. Greg spent the majority of his career as the ICU pharmacist at National Institutes of Health in Bethesda, MD. Greg is a University of Maryland Extension – Frederick County Master Gardener and holds a certificate in Medical Plants from the Cornell University College of Agriculture and Life Sciences. In Greg 2016 started restoring and now curates the Civil War period medicinal garden at the Pry House Field Hospital Museum located on the Antietam National Battlefield in Keedysville, MD. Greg lives with his wife, Lisa, in Frederick, MD.



For Your Information

The **Extension Advisory Board (EAB)** welcomes suggestions from Master Gardeners regarding topics of interest and guest speakers for monthly meetings. Contact any EAB member or <u>Maxine Yoon</u> with your ideas and proposals.



Chesapeake Natives Plant Sale Dates

Sunday, August 25, 2024, 10AM-3PM

Sunday, September 29, 2024, 10AM-3PM

Sunday Workday: Friday 6 Sept at 4 p.m. (rain day Saturday 7 Sept at 9 a.m.)

Tabling/workday: Saturday 21 Sept at 9 a.m.

Workday: Friday 11 Oct at 4 p.m. Workday: Friday 15 Nov Time TBD



We are only open to the public on these scheduled days

Can't make it to our in-person sales? Shop our online inventory Sundays 9AM-Tuesdays 9PM with scheduled pickup Thursday-Saturday at the nursery.

***NEW PICKUP LOCATIONS are now available in Brentwood, Hanover, and Baltimore City. If you would like to pickup at these locations, please indicate which one in the Note to Seller box at checkout.

For more information **Chesapeake Natives**

Volunteer Opportunities

An upcoming workday at the **South County Senior Center** is scheduled for August 17th from 9-11 AM. We've got some weeds and some things that need some trimming. This is a particularly beautiful time of year in the garden and if you can't be there for the August or September workdays, hopefully you have a chance to stop by and see it.



We have the following workdays scheduled:

Workday: Friday 6 Sept at 4 p.m. (rain day Saturday 7 Sept at 9 a.m.)

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(I'm hoping to sneak another one in there for October--there's planting in that future--and November!) Tabling will start later at 10 AM and go until 11 or 11:30. For more information, contact <u>Elena Corbett</u> or <u>Linda Fennell</u>.

*** ******************



TUES. AUGUST 27, 5:30-7:30PM Cape St. John,

Annapolis*: Explore this waterfront tree planting with the community members who made it happen. Discuss the benefits of planting trees with other tree-loving volunteers, practice hands-on tree maintenance skills, and support a Watershed Steward in their ongoing efforts to beat the kudzu and help to RePlant Anne Arundel! *Due to limited parking, this event is limited to WSA volunteers and local community members. Please email faith@aawsa.org for the link to register.

Questions? Please reach out to replant@aawsa.org.

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8:30-5:00 leaving and returning to Anne Arundel Community College

More details: Stoneleigh Natural Gardens Field Trip

Check appropriate pricing options.

Trip Guide: Kim Forry, Master Gardener AACounty



Tawes Garden Events



Helen Avalynne Tawes Garden

Maryland DNR Headquarters, 580 Taylor Ave., Annapolis

Gardeners, Anne

- Extension Master Arundel County
 - Composting Native Pollinators
 - BayWise
- Friends of Helen Avalynne Tawes
- Garden Project Butterfly &
- Bumblebee Chesapeake & Coastal
- Services Watershed Stewards
- Department of Natural Resources Wildlife &
- Master Naturalists

For more information,

Cindy Wells

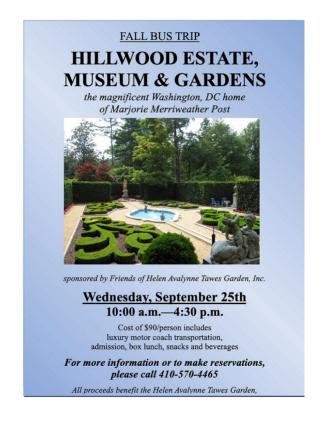
contact Master Gardener

cwells5953@cs.com Kathy Devine, kathy.j.devine@gmail.com

Want to know more about the beauty and benefit of native plants?

Join Anne Arundel County Master Gardeners for the second annual Tawes Garden celebration of native plants to learn how native plants can provide year-round interest, support pollinators and wildlife, and even save you money and work!

Free parking in front of the DNR building or through Gate 6 of the Naval Academy Stadium. Photo ID required to pass through DNR building.



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Tabling will start later at 10 AM until 11 or 11:30. For more information,

contact Elena Corbett or Linda Fennell.



Branch Out with WSA

TUES. AUGUST 27, 5:30-7:30PM

Cape St. John, Annapolis*: Explore this waterfront tree planting with the community members who made it happen. Discuss the benefits of planting trees with other tree-loving volunteers, practice hands-on tree maintenance skills, and support a Watershed Steward in their ongoing efforts to beat the kudzu and help to RePlant Anne Arundel! *Due to limited parking, this event is limited to WSA volunteers and local community members. Please email faith@aawsa.org for the link to register.

Questions? Please reach out to replant@aawsa.org.

20 Plants to
Propagate in
August for Next
Year's Garden
(from Garden
Magazine)

Bee Lab The inventory has been completed which was no easy task in the heat. The count for this year is 4,456, which reflects great teamwork along with process improvements and lessons learned.

I will get the inventory spreadsheet completed shortly. If folks have public/common areas that have approval for planting and will be "bed-ready" for plants in October, send me an inquiry with photos and descriptions of your areas for consideration.

This year we are requesting a minimum donation of \$25.00 per 100 plants. My goal is to buy two 60 cu ft totes of soil to support operations next year. We were able to buy one tote for this year but the Bee Lab went through 15 totes of soil. I will be collecting cash, check made out to Watershed Stewards Academy or a QR code to provide your donation at time of pickup.

Because we focused on biodiversity this year, we have many species but smaller quantities of many species. Sorry, but we won't be taking specific quantity requests. When folks come to pick up plants, we will have big gorilla carts that you can load the plants into that can then be taken to your transport vehicles. We are a kind and gentle group and will not tolerate any grabby and aggressive strong-arming from individuals or arguing with volunteers assisting you. The expectation has been set and will be adhered to since we are giving out premier quality full grown plants for a donation of \$2.50/per full grown plant.



I am away for two weeks. Folks coming to the Bee Lab for transplant of seedlings will find pots filled with soil along the fence of pen 1. There are seedlings of Liatris, Hairy wood mint and Spiraea.

Lauren

ANNE ARUNDEL COUNTY FAIR 2024

Flower Show

September 7-16

(MG schedule of hours available)

SATURDAY 9/7 9 AM-NOON SET UP BOOTH SUNDAY 9/8 2-5 PM ENTRY DAY

MONDAY 9/9 2-7 PM MAIN ENTRY DAY

TUESDAY 9/10 9 AM-NOON JUDGING WEDNESDAY 9/11 5-10 PM FAIR OPENS

THURSDAY 9/12 SENIORS/DISABLED

9 AM-2 PM open; 2-5 PM closed; reopens 5-10 PM

FRIDAY 9/13 CHILDRENS DAY

9 AM-2 PM (kids); 2-5 PM closed; reopens 5-10PM

SATURDAY 9/14 9 AM- 10 PM OPEN TO ALL SUNDAY 9/15 9AM-8 PM OPEN TO ALL

MONDAY 9/16 2-7 PM ENTRIES RELEASED

Note: Commercial and Exhibit buildings close at 10 PM on Friday

& Saturday

Grounds close at 11 PM

Friday Funshine

Why did the apricot ask a prune to dinner?

Because he couldn't find a date.





Greetings Master Gardeners and Interns!

Thanks for your interest (past and present) in the Flower Department at the Anne Arundel County Fair. All interns are welcome and invited to participate.

This year the Fair dates are **September 11-15 (open to the public).** See the attached for the schedule of available times which Master Gardeners can put in time within the Flower Department. We will have a signup sheet at the training session so you can fill in the days and times you are available to help.

We will be having our pre-Fair training session on **Tuesday, August 27 at 6:30 p.m.** at the Fairgrounds office. This will give you the needed information to learn how to accept entries, proper placement of those entries, assist the judge, etc. We encourage all who are new to this project to attend, but everyone is welcome, especially if you need a refresher. As online entries are becoming more popular and will be used again this year, they require extra attention as there are a few changes since last year for the check-in of entries.

We will have supper for you at 6:30 p.m. and the meeting will start promptly at 7:00 p.m. **RSVP to me by August 22 so we know how much food to provide and handouts to make.**

For those of you that can make this training session, you **MUST** enter the Fairgrounds via the Crownsville Road entrance. The main entrance on Generals Highway will be locked. After you enter the gate, stay left down the hill and proceed to the ticket booth, turn right and go up the hill keeping to the right past the exhibit hall and the commercial building at the top of the hill to the Fair office (trailer) on the right. You will see the cars.

Thanks to everyone who continues to make this short but fun project a success. We hope you can make it and look forward to working with you. **Please remember to wear your name badge!**

Claudia Ploor, Co-Chair A.A. County Fair Flower Dept. 410-693-5833; cploor@aol.com

P.S. For those of you who would like to participate as an exhibitor, online entries will be accepted until August 25 (that is before our meeting). The Fair catalog is online; entry instructions can be found on p. 23.

Events

Topic	Date/Time	Location	Contact Information
Capture the Flavor	Tuesday, 9/3, 10	Extension Office. 97 Dairy Lane, Gambrills	Maxine Yoon
Monthly Meeting	Tuesday, 9/10	Anne Arundel Extension Office 97 Dairy Lane, Gambrills, MD 21054	Maxine Yoon Register Now
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Dairy Farm Meeting/Workday	Second Saturday, 4 th Thursday 8-11 AM	Dairy Farm Lane Gambrills	Malcom Doying
Tawes Garden workdays	Beginning May 28 th , we will alternate Tuesdays and Wednesdays.	580 Taylor Ave. Annapolis, 21401	Kathy Devine Cindy Wells
Hancock's Resolution	See Signup Genius	Hancock's Resolution 2795 Bayside Beach Rd. Pasadena, 21122	Anne Arundel County Master Gardeners: Volunteer Sign Up Hancock's Resolution (signupgenius.com)
South County Senior Center	Friday, 9/6, 4 PM (rain date Sat., 9/7, 9-11 AM	27 Stepney Lane Edgewater, 21037	Elena Corbett or Linda Fennell
Production Garden	Saturdays	Dairy Farm Lane Gambrills	Maxine Yoon
Anne Arundel County Fair	9/7-9/16	AA Co Fairgrounds	<u>Claudia Ploor</u> 410-693-5833
Chesapeake Natives Plant Sales	Sundays: 8/25, 9/29, 10/27 9 AM- 3 PM		Chesapeake Natives
Cape Conservation Plant Sale	Saturday, 9/21 9 AM-1 PM	1223 River Bay Rd. Annapolis, MD	Cape Conservation Corps
Stoneleigh Natural Gardens Field Trip			Stoneleigh Natural Gardens Field Trip
Tawes Garden Native Plant Celebration	Sat., 9/14; 10 AM- 2 PM	503 Taylor Ave., Annapolis, MD	Information and reservations, call: 410-570-4665 or go to: Tawes Garden Events
Bus Trip: Hillwood Estate Museum and Gardens	Wed., 9/25, 10 AM- 4:30 PM		
Annapolis Horticultural Society Meeting Flowers to Pharmaceuticals	Wed., 9/4; 7 PM	199 Duke of Gloucester Street, Annapolis	Annapolis Horticulture Society Annapolis, Maryland
Severna Park Ask-a-Master Gardener Plant Clinic Sign-Up Genius	8/24 Team: Catherine Salam, Lead; Karen Smith, Marilyn Kinkel, Carla Haim. 8/31 Team: Becky Peterson, Lead; Susan Smouse, Carol Vasques, Barbara Wynn See Signup Genius Master Gardeners: Severna Park Ask-a-Master Gardener Plant Clinic (signupgenius.com)		

Justice for All and Full Disclosure Statement

For a readable copy, go to: And Justice for All

Full Disclosure Statement

"University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class."



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Trip Guide: Kim Forry, Master Gardener AACounty



Tawes Garden Events



Helen Avalynne Tawes Garden

Maryland DNR Headquarters, 580 Taylor Ave., Annapolis

Participating Groups

- University of Maryland Extension Master Gardeners, Anne Arundel County
- Composting
- Native Pollinators
 BayWise
- Friends of Helen Avalynne Tawes
- Avalynne Tawes Garden
- Project Butterfly & Bumblebee
- Chesapeake & Coastal Services
- Watershed Stewards
- Department of Natural Resources Wildlife &
- Master Naturalists

For more information, contact Master Gardener

Cindy Wells cwells5953@cs.com

Kathy Devine, kathy.j.devine@gmail.com Want to know more about the beauty and benefit of native plants?

Join Anne Arundel County Master Gardeners for the second annual Tawes Garden celebration of native plants to learn how native plants can provide year-round interest, support pollinators and wildlife, and even save you money and work!

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Horticulture Classes and Webinars:

Brookside Gardens: Adult Programs



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To repel mosquitoes, rub crushed lemon thyme on your skin. The Old Farmer's Almanac

For sale from fellow Master Gardener, Kathy Lough

Plants are in 20–24-ounce containers with commercial potting mix. \$3 each

<u>Item</u> <u>Comment</u>

Button Bush Needs at least part sun and wet/moist soil

Shrubby St. John's Wort Native to Piedmont or similar microclimate; prefers

sun

Great Blue Lobelia Rattlesnake master Packera aurea

Tree seedlings such as willow oak, redbud, red maple, sweet gum



1Rattlesnake master; Eryngium yuccifolium

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PGNBL (Bee Lab)



We are changing the gate procedures a bit for better Center security.

- 1. We will keep the gate open for the first 2 hours and then close it.
- 2. If closed you can call me on my cell 301 433 5390 or the lab 301 497 5840, keep calling till someone answers!

Otherwise transplanting continues...heads up. Planting will begin in September! Thursday 3-6 p.m.

Saturday 10-2 p.m.

If you eat and drink to excess in this hot weather...your brains will lie in your belly. The Old Farmer's Almanac, 1807

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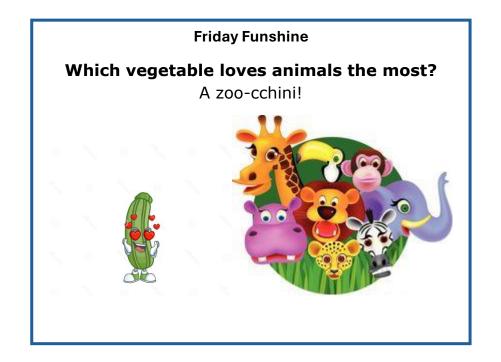
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Bus Trip: Hillwood Estate Museum and Gardens	Wed., 9/25, 10 AM- 4:30 PM		Tawes Garden Events
Annapolis Horticultural Society Meeting Flowers to Pharmaceuticals	Wed., 9/4; 7 PM	199 Duke of Gloucester Street, Annapolis	Annapolis Horticulture Society Annapolis, Maryland
Master Gardeners: Severna Park Ask-a-Master Gardener Plant Clinic (signupgenius.com)	8/31 Team: Becky Peterson, Lead; Susan Smouse, Carol Vasques, Barbara Wynn 9/7 Team: Pam Hanna, Lead; Laura Sheely, Sandra Downie, Nancy Goetschius, Sheila Carroll (Intern)		

Justice for All and Full Disclosure Statement

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"University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class."



Bee Lab The inventory has been completed which was no easy task in the heat. The count for this year is 4,456, which reflects great teamwork along with process improvements and lessons learned.

I will get the inventory spreadsheet completed shortly. If folks have public/common areas that have approval for planting and will be "bed-ready" for plants in October, send me an inquiry with photos and descriptions of your areas for consideration.

This year we are requesting a minimum donation of \$25.00 per 100 plants. My goal is to buy two 60 cu ft totes of soil to support operations next year. We were able to buy one tote for this year but the beelab went through 15 totes of soil. I will be collecting cash, check made out to Watershed Stewards Academy or a QR code to provide your donation at time of pickup.

Because we focused on biodiversity this year, we have many species but smaller quantities of many species. Sorry, but we won't be taking specific quantity requests. When folks come to pick up plants, we will have big gorilla carts that you can load the plants into that can then be taken to your transport vehicles. We are a kind and gentle group and will not tolerate any grabby and aggressive strong-arming from individuals or arguing with volunteers assisting you. The expectation has been set and will be adhered to since we are giving out premier quality full grown plants for a donation of \$2.50/per full grown plant.

I am away for two weeks. Folks coming to the Beelab for transplant of seedlings will find pots filled with soil along the fence of pen 1. There are seedlings of Liatris, Hairy wood mint and Spiraea.

Lauren



ANNE ARUNDEL COUNTY FAIR 2024

Flower Show

September 7-16

(MG schedule of hours available)

SATURDAY 9/7 9 AM-NOON SET UP BOOTH 2-5 PM SUNDAY 9/8 **ENTRY DAY**

MONDAY 9/9 2-7 PM MAIN ENTRY DAY

TUESDAY 9/10 9 AM-NOON JUDGING WEDNESDAY 9/11 5-10 PM FAIR OPENS

SENIORS/DISABLED THURSDAY 9/12

9 AM-2 PM open; 2-5 PM closed; reopens 5-10 PM

FRIDAY 9/13 CHILDRENS DAY

9 AM-2 PM (kids); 2-5 PM closed; reopens 5-10PM

SATURDAY 9/14 9 AM- 10 PM OPEN TO ALL SUNDAY 9/15 9AM-8 PM OPEN TO ALL

MONDAY 9/16 2-7 PM **ENTRIES RELEASED**

Note: Commercial and Exhibit buildings close at 10 PM on Friday

& Saturday

Grounds close at 11 PM

Friday Funshine

- I killed a hundred weeds today!
- No, you didn't! You only killed 98 weeds!
- Geez, sor-ry! I round-up! 98 100





Greetings Master Gardeners and Interns!

Thanks for your interest (past and present) in the Flower Department at the Anne Arundel County Fair. All interns are welcome and invited to participate.

This year the Fair dates are **September 11-15 (open to** the public). See the attached for the schedule of available times which Master Gardeners can put in time within the Flower Department. We will have a signup sheet at the training session so you can fill in the days and times you are available to help.

We will be having our pre-Fair training session on Tuesday, August 27 at 6:30 p.m. at the Fairgrounds office. This will give you the needed information to learn how to accept entries, proper placement of those entries, assist the judge, etc. We encourage all who are new to this project to attend, but everyone is welcome, especially if you need a refresher. As online entries are becoming more popular and will be used again this year, they require extra attention as there are a few changes since last year for the check-in of entries.

We will have supper for you at 6:30 p.m. and the meeting will start promptly at 7:00 p.m. RSVP to me by August 22 so we know how much food to provide and handouts to make.

For those of you that can make this training session, you **MUST** enter the Fairgrounds via the Crownsville Road entrance. The main entrance on Generals Highway will be locked. After you enter the gate, stay left down the hill and proceed to the ticket booth, turn right and go up the hill keeping to the right past the exhibit hall and the commercial building at the top of the hill to the Fair office (trailer) on the right. You will see the cars.

Thanks to everyone who continues to make this short but fun project a success. We hope you can make it and look forward to working with you. Please remember to wear your name badge!

Claudia Ploor, Co-Chair A.A. County Fair Flower Dept. 410-693-5833; cploor@aol.com

P.S. For those of you who would like to participate as an exhibitor, online entries will be accepted until August 25 (that is before our meeting). The Fair catalog is online; entry instructions can be found on p. 23.

Events

Topic	Date/Time	Location	Contact Information
Capture the Flavor	Tuesday, 9/3, 10	Extension Office. 97 Dairy Lane, Gambrills	Maxine Yoon
Monthly Meeting	Tuesday, 9/10	Anne Arundel Extension Office 97 Dairy Lane, Gambrills, MD 21054	Maxine Yoon Register Now
EAB	9:15-10:30 AM September meeting 9/18	Zoom Link	Maxine Yoon
Dairy Farm Meeting/Workday	Second Saturday, 4 th Thursday 8-11 AM	Dairy Farm Lane Gambrills	Malcom Doying
Tawes Garden workdays	Beginning May 28 th , we will alternate Tuesdays and Wednesdays.	580 Taylor Ave. Annapolis, 21401	Kathy Devine Cindy Wells
Hancock's Resolution	See Signup Genius	Hancock's Resolution 2795 Bayside Beach Rd. Pasadena, 21122	Anne Arundel County Master Gardeners: Volunteer Sign Up Hancock's Resolution (signupgenius.com)
South County Senior Center	8/17 9-11 AM	27 Stepney Lane Edgewater, 21037	Elena Corbett or Linda Fennell

Production Garden	Saturdays	Dairy Farm Lane Gambrills	Maxine Yoon
Anne Arundel County Fair	9/7-9/16	AA Co Fairgrounds	<u>Claudia Ploor</u> 410-693-5833
Chesapeake Natives Plant Sales	Sundays: 8/25, 9/29, 10/27 9 AM-3 PM		Chesapeake Natives
Cape Conservation Plant Sale	Saturday, 9/21 9 AM-1 PM	1223 River Bay Rd. Annapolis, MD	Cape Conservation Corps
Tawes Garden Bus Trip Hillwood Estate Museum and Gardens	Wednesday, 9/25, 10 AM- 4:30 PM		Information and reservations, call: 410-570-4665

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