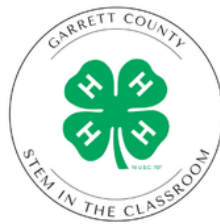


UNIVERSITY OF MARYLAND EXTENSION Garrett County

December 2023 Newsletter

MAYFLOWER CHALLENGE



November 4-H STEM Outreach

Programs were held across the county serving

173 Youth

In-School, After-School, and Libraries

Weight was measured in marbles

Top Marble Count Reached at

Partners After School @ Grantsville

105 Marbles in a 6"x6" Foil Boat



Garrett County 4-H STEM traveled to 11 classrooms throughout the county to share fun hands-on programs learning about the Mayflower voyage across the Atlantic Ocean. Using the Engineering Design Process, UME educators Karen Wood and Brianna LeMay, helped students to plan, design, and create boats that could float and hold weight (marbles) without sinking.

SEW Much Fun!



Holiday Sewing Creations Class

Youth joined us for the monthly Karen's Picks class. UME Educators, Lacie Ashby and Brianna LeMay, helped youth learn introductory sewing skills such as threading a needle, making knots, sewing on a button, and sewing a hem. As they practiced these skills, youth each created a unique gingerbread ornament to take home with them.

Snowball Coding Class To Be Offered

JAN

SNOWBALL CODING

Friday, January 12 (school 1/2 day)
2-3 pm
Garrett County 4-H Office Meeting Room

All materials provided
Space is limited
Sign up today by calling
301-334-6960

Garrett County 4-H
STEM CORNER

Join Karen on January 12th for a fun event. Youth will code a robotic snowball through a maze using beginner block coding. Call our office today to register at 301-334-6960.

Local 4-H Youth represent Maryland 4-H at the Next Generation Ag Summit



Three Garrett County 4-H members recently traveled to Cambridge, Maryland to attend the Next Generation Ag Summit. Piper Wilt, Christy Enlow, and Mariah Klotz were selected to be part of the Maryland 4-H Delegation attending the Farm Bureau Young Farmers: Next Generation Ag Summit, recently held at the Maryland Farm Bureau convention. Enlow said, "I'm happy to see all the young farmers coming together in one place and being able to see and discuss the future of agriculture" Piper, Christy, and

Mariah were able to network with others from across Maryland, share successes and strategize together on efforts to lead and amplify Maryland Agriculture into the future.

Bodkins Shares Wreath Workshop with GILL Members



Garrett Institute of Lifelong Learning (GILL) participants shared the afternoon at Garrett College creating their very own unique evergreen wreath with Ashley Bodkins, Master Gardener Coordinator. Participants were encouraged to bring their own materials to highlight their own flare and holiday style. No one left disappointed with their creations!

DCL Dredging Project Session Offered

Virtual Brunch and Learn

Deep Creek Lake- Arrowhead Cove Sediment Removal Project Update

December 14, 2023 @10 am

Hosted by Deep Creek Watershed
Foundation &
University of Maryland Extension



Registration required:

https://umd.zoom.us/meeting/register/tJwkd-qspj4sHtRAWR6i_kp2fasj5a5qW5RP



Speaker: Bruce Michael,
Deep Creek Lake & Watershed
Coordinator for Garrett County

Topics will include the following:

- Summary of the dredging project
- Why Arrowhead Cove was selected
- Slides will include; project site preparation, installation of cofferdam construction of temporary roads/matts

Submit questions to Ashley Bodkins by December 11th at abachtel@umd.edu. Any questions asked during the live presentation will be answered after the live recording has ended.



This Institution is an equal opportunity provider. If you need a reasonable accommodation to participate in any event or activity, please contact University of Maryland Extension @ 301-334-6960 before December 5, 2023.

Deep Creek Watershed Foundation is partnering with University of Maryland Extension in Garrett County to offer a virtual "brunch and learn" for the public to gain more understanding about the Arrowhead Cove Sediment Removal project. Registration is required at this link:

https://umd.zoom.us/meeting/register/tJwkd-qspj4sHtRAWR6i_kp2fasj5a5qW5RP

Do You Need A Nutrient Management Plan?



University of Maryland Extension (UME) has launched an enhanced nutrient management planning process designed to adapt to modern farming practices and operations that better align with Maryland's agricultural regulations and environmental goals. Moving forward, UME will now administer and coordinate statewide nutrient management planning following the finalization of the agreement between the College of Agriculture and Natural Resources (AGNR) and the Maryland Department of Agriculture. Click [here](#) for more information.

If you are in need of a nutrient management plan, please contact our office at 301-334-6960.

What's In Season This Fall



Families can enjoy the smell of the crisp autumn air, the colors and crunch of the falling leaves, warm snuggly sweaters, and most of all, fall comfort foods.

When the weather gets cooler a thick and hearty soup or stew, a spicy casserole or crock pot meal is an easy lunch or dinner. Fall is time to try crisp autumn apples, sweet potatoes and yams. Salads of fall greens sprinkled with cranberries or a beautifully stuffed squash adds to your family meal.

What's on your family's menu this fall? Try some of these fall favorites and visit the [Eat Smart Blog](#) for additional ideas for your family.

- [Broccoli & Potato Soup](#)
- [Lentil Stew](#)
- [Chicken & Kale Casserole](#)
- [Spicy Apple Filled Squash](#)
- [Sweet Potato Rice Pudding](#)
- [Cranberry Pumpkin Muffins](#)

Agriculture Labor Laws and Benefits Handbook to be Developed



UME Educators, Jesse Ketterman and Paul Goeringer, are working with Extension Educators from University of Delaware Cooperative Extension on developing materials for Mid-Atlantic agricultural producers who often struggle to understand labor laws and issues related to health insurance and retirement planning. This project includes an updated labor handbook for agricultural employers in Mid-Atlantic. The guidebook will focus on

agricultural labor laws that employers should be aware of and, at the same time, how to take advantage of benefits that many potential employees might be demanding, such as health insurance, retirement savings programs, and others.

Workshops will be scheduled in late January to share resources and information will be shared.

UME Garrett Welcomes Jessica McClurg


Jessica McClurg joins University of Maryland Extension as a Business Services Specialist, and provides budget management and administrative assistance for the Garrett County office. She will also be assisting the 4-H educator with management of the Maryland 4-H Environmental Education and Camping Center



Jessica is a West Virginia University graduate and previously worked in the UME-Allegany County office from 2008-2009 and again from 2016-2019 as a Nutrient Management Advisor.

Keeping Connected

We are here to serve you in person, by phone, email, or by video conferencing. If you have questions, contact one of our experts to provide solutions.

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Agriculture & Natural Resources	William Lantz Principal Agent wlantz@umd.edu	Ashley Bachtel-Bodkins Senior Agent Associate Master Gardener Coordinator abachtel@umd.edu
Family and Consumer Sciences	Dr. Lisa McCoy Senior Agent lmccoy@umd.edu	Dr. Jesse Ketterman Senior Agent jketterm@umd.edu
Maryland SNAP Ed	Kristin Spiker Senior Agent Associate kspiker@umd.edu	
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Website: <https://extension.umd.edu/locations/garrett-county>

Location: 1916 Maryland Hwy., Suite A, Mt. Lake Park, MD 21550

Phone: 301-334-6960

Office Hours: M-F 8:30 am-4:30 pm excluding holidays

Facebook: <https://www.facebook.com/4HGarrettCoMD>

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Roberta Cvetnick

Roberta is using Smore to create beautiful newsletters