

UNIVERSITY OF MARYLAND EXTENSION



Frederick County 4-H Newsletter

**Frederick County 4-H News in
December 2024 - January 2025**

Want to learn more about our 4-H opportunities and program?

Below is the link to our website where you can access the recent editions of our Spark Newsletter containing information about upcoming 4-H events. You can also subscribe to receive the Spark Newsletter from our website.

<https://extension.umd.edu/locations/frederick-county/local-4-h-youth-education/newsletters/>



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[Frederick County 4-H Website](#)



Exciting News



Congratulations Caroline C. for winning a \$2,000 F. Grove Miller Maryland State Fair Scholarship. Caroline attends University of Maryland College Park majoring in Animal Science. Caroline has been a 4-H Livestock Exhibitor since she was young and still exhibits.

Congratulations to the Frederick County 4-H'ers who participated in the Dog Bowl!



Intermediate

Individuals

Avery C. - 3rd

May L. - 5th

Emma Grace B. - 9th

Team

3rd Place Team

Senior

Individuals

Ella F. - 1st High Point

Kristyn M. - 2nd

Emma F. - 3rd

Catalina C. - 7th

Team

1st Place Team



Congratulaions to 4-H Alumna Dalena B., Frederick County Farm Bureau Ambassador, for being selected as the Maryland Farm Bureau Ambassador!



Congratulations to Ella F., Maryland Dairy Princess for being recognized as Maryland Dairy Princess Associations October's Promoter of the Month.



Congratulations to Kira A. who attended the 2024 National 4-H Congress. Each participant demonstrated dedication by submitting a Senior 4-H Portfolio, which included a 4-H resume and an inspiring essay, followed by interviews that showcased their potential.

Events

Kris Kringle Procession



We walked in the Kris Kringle parade in December in downtown Frederick!

Breakfast with Santa



Frederick 4-H Educators, Anna and Erin, with Santa and Mrs. Claus at Breakfast with Santa at the Frederick County 4-H & Activities Center.

SHIP of Frederick County Collection



Thank you to everyone who collected and donated toiletries for SHIP of Frederick County to support local Frederick County students who are experiencing homelessness during holiday season. We donated over 143 pounds of items!!

Record Book and Project Book Workshop



We had 10 first timers at our Record Book and Project Book Workshop In December. Excited to see what these young people accomplish in their 4-H projects this year!

Become a 4-H Volunteer today and help create life-changing experiences for youth in your community!

4-H Volunteers are a key component of the 4-H program. No matter your background or expertise, as a parent, a project leader, or any other leadership capacity, you can offer your unique talents, perspectives, and guidance.

- Lead community clubs, school-based or after-school programs, and camp settings
- Create community service opportunities for youth in your area
- Work with other adults to create fun and exciting programs



For more information and forms go to: <https://extension.umd.edu/locations/frederick-county/local-4-h-youth-education/ume-volunteers>

What are the steps to becoming a 4-H volunteer?

Enroll in 4-HOnline as a Volunteer to start the process.

- Go to <https://v2.4honline.com/>
- If you already have a family profile, while in your "Member List" click on "Add Member" and then complete **New Applicant** as your Volunteer position.
- If you are brand new to 4-H, please create a new account and then select **New Applicant** as your Volunteer position.

After you complete your enrollment in 4-HOnline, you will receive an email from Kim Krasauskis with the following steps for completing your 4-H Volunteer On Boarding:

- ◇ **1. Volunteer Orientation Training** -Please watch [this 4-H Volunteer Orientation Video](#) and then complete the Orientation Survey. Our office will automatically receive a notification of your completion of the 4-H Volunteer Orientation Training Survey
- ◇ **2. Background Check:** Once you complete your 4-HOnline enrollment and watch the Volunteer Orientation Training (#1 above) the Maryland 4-H office will send you an invitation email through vendor *Sterling Volunteers*. **THIS MUST BE COMPLETED WITHIN 30 DAYS OF RECEIVING THE INITIAL EMAIL FROM TheAdvocates@sterlingvolunteer.com or you will be DISMISSED by Maryland 4-H for one year and unable to volunteer with 4-H until completing the onboarding in 2026.**
- ◇ **3. References:** An *Adobe Sign* email will be sent to your 3 references listed in your 4-HOnline Screening, so they can complete the reference form digitally. Please let them know in advance so they can watch for the email coming from kkrasaus@umd.edu.
- ◇ **4. Phone Interview** - To select a sign up time please go to: <https://bit.ly/4-HVolunteerInterview>
- ◇ **5. Signing an Appointment Agreement and Position Description** via an *Adobe Sign* email that will be sent to you after Steps 1-4 are completed.

**** A 4-H Volunteer cannot work with 4-H Youth until ALL the above steps are completed and the 4-HOnline record is approved by both the State office and our local Frederick County office. The volunteer will receive a welcome email after all steps and approvals are completed and they are cleared to work with 4-H youth.**

If you have any questions about becoming a volunteer, please reach out to Kim Krasauskis at kkrasaus@umd.edu or 301-600-1595.

Club News

Lewistown Mountain View

Lewistown Mountain View 4-H Club Hits the Ground Running in 2025

Author: Kiley Rae L., Reporter, Lewistown Mountain View 4-H Club

Lewistown Mountain View 4-H Club is the oldest 4-H club in Frederick County that continues to grow and add diversity with its members' projects. On January 28, 2025, the club held its first meeting of 2025. During this meeting, the club installed their new officer team that will lead the club to success with all activities including volunteer activities, community service, workshops, picnics, and members supporting each other with their projects. The new officer team is as follows: President, Ada S.; Vice President, Abigail S.; Secretary, Tabrie G.; Treasurer, Kourtney B.; Corresponding Secretary, Kaiya S.; Reporter, Kiley L.; Historian, Chase and Paige R.; and Recreational Leaders, Myla S., Rhett A., Elizabeth S., Autumn S., and Colton W.

In this first meeting of the year, 5 new members of Lewistown Mountain View 4-H Club were introduced, all with diversity in their individual projects. The club for the year decided to expand its community service projects beginning with the collection of food for a donation to the Thurmont Food Bank which will be delivered by Cheryl Lenhart the current Club Leader. The Thurmont Main Street Sweep was introduced to the club as a possible community service project by Marisa Moser Little, Economic Development Assistant for the Town of Thurmont. The Main Street Sweep is a project held in collaboration with the Thurmont Green Team. This event will be held on Saturday, May 10th from 9am to 11am. This project will include cleaning the sidewalks of debris and trash in the main street district of Thurmont.

Cheryl Lenhart spoke on different speakers coming to the meetings to help expand the knowledge of the 4-H club members. Ideas were suggested of a public speaking expert, the Scales and Tails Programs, and the different livestock judging teams through Frederick County to help the 4-H members grow and learn about potential opportunities within the 4-H program in Frederick County.

The meeting concluded with all the dates, times, and locations of the future meeting for the year being discussed. These dates show that the Lewistown Mountain View 4-H Club is hitting the ground running in 2025 with its members and activities.



New officers with Club Leader, Cheryl Lenhart.



Members painting rocks for Inspire Thurmont Community Service Project.



Guest speakers Emma Funkhouser and Myrtle Sturtz from the Great Frederick Fair 4-H Building reviewing projects that can be entered like Table Settings.

Club News

Lincoln Elementary After-School



Members
harvesting seeds.



Harvested seeds planted.



Garden designs.

The Lincoln Elementary 4-H Club has been busy learning about seeds, garden design and how plants grow. In December, Snap-Ed Educator Jillian visited our club so the members could try tomatoes and kiwi. The club learned about seed harvesting and saved some of the tomato seeds to plant in the spring and we now have tomato plants that each member will take home over the summer in grow bags. We can't wait to taste our homegrown tomatoes! In January the club learned about garden design and members created their own garden designs.

Upcoming Newsletter Submission Deadlines:

News from April/May - Friday, June 6, 2025

News from June/July - Friday, August 1, 2025

Please email submissions to Kim Krasauskis kkrasaus@umd.edu



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