



Tribune

A Carroll County 4-H Newsletter

December 2024/January 2025

UNIVERSITY OF MARYLAND EXTENSION

Carroll County Extension

700 Agriculture Center

Westminster, MD 21157

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M—F 8:00 A.M.—4:30 P.M.

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2025 Enrollment

ALL 4-H Members, Clovers and UME Volunteers will need to enroll for the 2025 4-H year. You will log into 4-H (v2.4honline.com) to complete your 2025 enrollment. Please note that EVERYONE (4-H MEMBERS, CLOVERS AND UME VOLUNTEERS) will need to log into their family accounts that you have already created and re-enroll each person listed on your account. DO NOT CREATE A NEW ACCOUNT – LOG IN USING YOUR EMAIL AND PASSWORD. If you have forgotten your password, there is an option to restore your password.

ALL 4-H MEMBERS AND CLOVERS MUST PAY THEIR \$10 STATE PARTICIPATION FEE THROUGH 4-H ONLINE. UME Volunteers do not pay a participation fee! The insurance fee that 4-H Members, Clovers and UME Volunteers pay will still be paid through your 4-H Club.

Remember, you must be enrolled in the Carroll County 4-H Program by May 1, 2025 to be eligible to show at the 2025 Carroll County 4-H/FFA Fair or to be recognized as a UME Volunteer. If you have any questions, please call the Extension Office at 410-386-2760.

AN EMAIL WILL BE SENT ONCE THE 4-H ONLINE SYSTEM IS OPEN FOR 2025.

Record Books

It's a great time to start thinking about your 2024 Record Books! Record Books are a great way to keep track of your 4-H career and highlight your accomplishments. The Record Book includes a junior summary, project records (which you already do), a 4-H story and a few more items. Record Book covers are available at the Extension Office for free. Record Books are due **Monday, February 3, 2025**. More information can be found at: <https://extension.umd.edu/locations/carroll-county/local-4-h-youth-education/project-records-and-record-books>

2025 4-H Dates

Check out the most up to date 2025 Carroll County 4-H Calendar! We have all the dates of programs and meetings that we have scheduled as of now. As a reminder-dates can change. The calendar can be found on the online version of the *Tribune*.

4-H Expectations

As you take time at the beginning of the year to work on your 4-H enrollment, please take a few minutes to review several forms and documents that you are signing when you enroll in 4-H or have voted on within your clubs. We've heard it's been awhile since some of our 4-H families have been seen at their local club meetings, families not receiving information, etc. Remember, **everyone should be attending regular club meetings and reading all documents you sign!**

Club Attendance – Each club has bylaws which are voted on by the membership. These bylaws have attendance policies set in them, which many state that if a 4-Her misses more than 3 consecutive meetings, they may be removed from the club. **This could lead to not being able to participate at the fair if you're not attending club meetings.** Make sure to attend the monthly meetings as it's an important part of being a 4-Her, but also a great way to be involved and know what is happening within the program.

Youth Code of Conduct – This is a set of guidelines that outlines the expectations of behavior at 4-H events. A copy has been attached to the end of the *Tribune* and we hope that families will take a few minutes to read through the Code of Conduct. This document is electronically signed by the 4-Her and the parent/guardian when they enroll online each year.

Project Related Consents/Ethics – As you also sign up for your individual projects in 4-H Online, take notice that there are consents that you are signing, too. Most of these are related to animal science projects, but the shooting sports program also has additional consents that are signed.

Please take the time to review what you are signing and what the expectations are for being a member in 4-H.

Demonstration Day Contest

It's time to start thinking about Demonstration Day 2024. This event will be held on **Saturday, February 15, 2025** at the Extension Office. All registrants will receive an **email shortly after registration closes to sign up for a presentation slot.** The contest will start at 9:00 a.m. and time frames will be available through the morning, as needed, based on the expected number of participants. The registration will be on a first come, first serve basis.

Start thinking about that demonstration you've been wanting to do. This is a great opportunity to compete at the county level while fulfilling a requirement for project records! All **Demonstration Day registration will be done through the Carroll County Fair website at www.carrollcountyfair.com.** **Registration will close on February 3rd!** Rules and regulations are attached to the end of this *Tribune*. If you have any other questions, call the Superintendents or call the Extension Office at 410-386-2760.

Clover Memory Books

Clover members are able to put together a Clover Memory Book (scrapbook) of their year in 4-H. Clover Memory Books highlight everything clover members did throughout the year including pictures, ribbons, judging score sheets, etc. Guidelines for memory books can be found at: <https://extension.umd.edu/locations/carroll-county/local-4-h-youth-education/project-records-and-record-books> at the bottom of the page. Memory Books are due to the Extension Office by **Monday, February 3, 2025.**



National 4-H Leadership Trips

Calling all Senior 4-H members! Here are 2 great opportunities for you to apply for National 4-H Leadership Trips this year! This opportunity to apply is for the following trips in 2025: National 4-H Congress (held in Atlanta, GA in November), Camp Miniwanca (held in Michigan in June), Virginia 4-H Congress and West Virginia 4-H Camp (both in June). These trips all focus on building leadership and lend more to the service side of the 4-H program.

There are specific guidelines for completing the following items such as how many pages each can be, type of font to use, spacing, etc. Please email Becky (bridgewa@umd.edu) for specific guidelines. Also, Becky is more than willing to work with you on these items and we have volunteers willing to help too! Just reach out as we have lots of amazing senior 4-H members who are great and should apply for these national trip opportunities!

If interested in applying, here's what you need to do:

1. Complete your 4-H Resume which is comprised of showcasing your leadership, citizenship and life skills.
2. Complete the 2025 Essay Question which is, "Describe how one of your project areas has influenced your life outside of 4-H."
3. **Turn in your portfolio to the Extension Office by Friday, January 3rd to have it reviewed before you upload into 4-H Online.** This is also how you qualify for some of the special senior awards given out at the Achievement Program in April.
4. Submit all requirements through 4-H Online by **Wednesday, January 15, 2025.**

Public Speaking Contest

Prepare your speaking voices for the annual day of Public Speaking scheduled for Saturday, March 15th beginning at 9 a.m. Rules and Regulations will be in this *Tribune* and can be found on the fair website.

Registration will close on February 3, 2025. The procedure will be the same as past years, no pre-scheduled times, but you must be present between 9 and 11 a.m. to deliver your speech. Any questions, please contact the Extension Office or Superintendents, Della Leister at (443)375-0123 or Rita Becker at (443)375-1114. You must go to www.carrollcountyfair.com and complete registration through the fair entry system.

Mock Interviews

Planning to interview for the 4-H Ambassador Team, National 4-H Trips or even scholarships? If you can answer YES to any of those, then take us up on our evening to participate in some Mock Interviews. We will have at least 2 experienced 4-H interviewers to work with you on your interviewing skills. You will be asked multiple questions and provided feedback on how to improve your interviewing skill. Mock interviews will be held on **Saturday, January 25, 2025** starting at 9 a.m. (a signup genius will be sent closer to the interviews). Make sure to register by January 17th if you plan to attend. If you have specific questions, please reach out to Becky at bridgewa@umd.edu.

Register at <https://forms.gle/uW5PcVkJhSuW3xCF9>



Youth/Volunteer Award Nominations

It's time to think about all those amazing 4-Hers and UME Volunteers that we have in Carroll County! Was there someone who really went above and beyond in 2024 that you feel should be recognized at the 2025 4-H Achievement Program? Then take a few minutes to nominate them. **Volunteer and 4-H nominations are due by February 28, 2025**. Nominations can be completed through the link below or by completing the attached form.

Link for Volunteer and 4-H member nominations—<https://forms.gle/1Cr4GpxBJv2FYogh6>

Achievement Program—Pictures Needed!

As we prepare for the 2025 Carroll County 4-H Achievement Program, we are looking for pictures from club events, county programs, fair, etc. We want to showcase all the amazing activities our 4-H members participated in throughout the 2024 year. **Please send your pictures to Jennie Chamelin at jchameli@umd.edu by March 14th.**

The Carroll County 4-H Achievement Program will be held on **Tuesday, April 8, 2025 at 7 p.m. (doors open at 6:30 p.m.) at the Carroll County Ag Center (red buildings)**. If you are planning to attend, please register at: <https://forms.gle/TkAVTb8yMNPT7Z9BA>

We will send out notifications to award winners a little closer to the event.

2024-25 Senior Ambassador Applications

Are you a Senior 4-H member and interested in being more involved in the 4-H program? Do you enjoy becoming involved with community projects, helping at the fair, and setting examples in leadership and citizenship in the community? If so, you are a perfect candidate to apply for the 2025-26 Senior Ambassador Team! Applications can be found at: <https://extension.umd.edu/locations/carroll-county/local-4-h-youth-education/leadership-opportunities>

Applications are due to the Extension Office by Friday, March 14th and interviews will be held on March 29, 2025. If you have questions, please contact Becky at the Extension Office.

4-H Project Night—Finger Crochet

4-Hers are invited to join the 4-H team to create a finger crochet scarf. Participants will learn the technique of crocheting with just their hands. Participants must be enrolled Carroll County 4-H Members and need to be 8 years of age or older. This class will be held on **Friday, January 10, 2025 at 6 p.m. at the Extension Office**. Class fee is \$20 and will be collected at the door. Space is limited. Please register at <https://forms.gle/dmoENR1VyJwrjuUN6>





Clover Project Night—Sewing

Clover aged 4-Hers (5-7 years old) are invited to join members of the 4-H Ambassador Team to make a Fleece Easy Sew Winter Hat. Participants must be enrolled members of the Carroll County 4-H Program. This class will be held on **Friday, January 24, 2025 at 6 p.m. at the Extension Office**. Cost of the class is \$5 and will be collected at the door. Make sure to register to reserve your spot at <https://forms.gle/mDqF1bm9wdizeMDo7>



4-H Project Night—DIY Cricut Drinkware

4-Hers are invited to join the 4-H Team to make their own custom designed drinkware. It can include their first name or they can choose from a few preselected designs. Participants will learn how to load and use a Cricut as well as how to place their design on a piece of drinkware. Participants must be enrolled Carroll County 4-H members and be 10 years old or older. This class will be held on **Friday, February 14, 2025 at 6 p.m. at the Extension Office**. Class fee is \$10 and will be collected at the door. Register at: <https://forms.gle/raB4WGVNvjRNTh1x6>

Clover Project Night—Craft



Clover Members (5-7 years old) are invited to join members of the 4-H Ambassador Team to make Tissue Paper Animal Faces. Clovers must be enrolled In the Carroll County 4-H program to participate. This class will be held on **Friday, February 28, 2025 at 6 p.m. at the Extension Office**. There is no charge for this class. Make sure to register at: <https://forms.gle/93S3jZsXJ7HsBX5q6>

4-H Project Night—African Violets

4-Hers are invited to join the 4-H Team to learn all about African Violets and their unique needs. Participants will properly plant their own violets in a ceramic pot that is specifically designed to feed and water African Violets. Participants will also leave with leaves that are ready to go home and be propagated. Participants must be enrolled Carroll County 4-H members and be 8 years old or older. This class will be held on **March 14, 2025 at 6 p.m. at the Extension Office**. There is a class fee of \$30 that will be collected at the door. Register at <https://forms.gle/DmHAPjmqVJsKZqAp6>



Clover Project Night—Baking

Clover Age 4-Hers (5-7 years old) are invited to join members of the Ambassador Team to make Wooden Race Cars. Participants must be enrolled members of the Carroll County 4-H Program and must be between the ages of 5-7 years old. This class will be held on Friday, **March 28, 2025 at 6 p.m. at the Extension Office**. A class fee of \$10 will be collected at the door. Please register at: <https://forms.gle/jEPAFqtv773PPFsFA>

Quilt Workshop

4-H members are invited to the 2025 quilt workshop to learn how to make a jelly roll quilt. This is a free workshop, but participants will need to provide their own materials. Close to the event, registrants will receive an email with the materials that they need to supply. The workshop will take place on **January 20th and February 17th from 9 a.m.- 3 p.m.** You will need to attend both days to complete your quilt. Participants must also bring their own lunch on both days. Registration is limited. Register at <https://forms.gle/mDjgv6ZnFiP9DUBy5>



Club Officer Training

Are you a new club officer for 2025? Want to learn about your office and how to best fulfill your role and new responsibilities? Join other youth officers for an evening of training, team building and fun! Club Officer Training will be held on **Friday, January 17th at 6 p.m. at the Extension Office.** Pizza and drinks will be provided for all participants. Clubs are encouraged to send all of their club officers to this new training opportunity. Register by Wednesday, January 15th at <https://forms.gle/Eg7g5hSbCEnRsGfT8>

4-H Camp Leader Applications

You are invited to apply for the Carroll County 4-H Residential Camp's 2025 Camp Youth Leadership Program. This program provides a safe place to practice leadership skills while offering youth an opportunity to shape their 4-H camp experience. Practical benefits include honing interview skills in a low-pressure setting, contributing to camp activity planning, practicing decision-making and leadership skills and earning service-learning hours for school.

Week 1 Camp—June 22-26, 2025 (Ages 8-11)

Week 2 Camp—July 6-11, 2025 (Ages 10-16)

The application period is open now and will close on December 20th—no exceptions. Apply at <https://forms.gle/DQFvk6LkGB3sZDbC7>



Diamond Clovers

Are you working toward achieving level 1-5 of the Diamond Clover Program? 2024 Reports and 2025 plans are due to the Extension Office by **Monday, February 3rd.** Remember, you must submit your 2025 plan before starting on any of the tasks for the year. The Diamond Clover Program starts for members at 4-H Age of 9. If your next step is Level 6, make sure to read all of the guidelines and those plans are due by September 30th for you to start in 2026 (you must have approval from the state 4-H office). Diamond Clover information can be found at: <https://extension.umd.edu/programs/4-h-youth-development/program-areas/youth-and-adult-leadership/diamond-clover-awards-and-scholarships>



Dairy Skillathon Practices

Put your dairy knowledge to the test! Come out to dairy skillathon practices at the **Extension Office on the 2nd and 4th Monday of the month through January (tentatively) starting at 7 p.m.** We will be starting with learning about dairy cattle as we prepare for the Maryland 4-H State Dairy Skillathon Contest in March. Learn more about breeds, feeds, equipment and more! Everyone is welcome to attend these practices, you just need to have an interest in learning more about the dairy industry! You do not have to own an animal to participate.

Horse Bowl Practices

Dust off those study materials as a new year of horse bowl practice is about to begin! All 4-Hers (8 years old as of January 1st) are welcome to attend the weekly horse bowl practices starting on **January 8, 2025 at 7 p.m.** at the Extension Office. Practices will be held every Wednesday night until the state contest in March. You will learn lots of new and interesting facts about horses while having fun! You do not have to own a horse to participate, just have an interest in learning more about them. Not sure what horse bowl is, then come to a practice to find out more!



Livestock Skillathon Practices

Everything you've ever wanted to know about livestock and didn't know to ask! Come learn about breeds of livestock, equipment, cuts of meat, animal parts identification, livestock feeds, hay, wool and play some fun games, too! Come to learn for the state contest in March or just come to the sessions you want to learn about. Remember that you do not have to exhibit or own livestock to participate in livestock skillathon, just have an interest or curiosity. Practices run every Monday night starting on **January 6 at 7 p.m.** at the Extension Office. Practices will run through the state contest in March (some additional days may be added). For more information, call Kathy Gordon at 301-667-0559.

Dairy Bowl Practices

It will soon be time to start Dairy Bowl practices again! Remember, anyone who has an interest in learning more about the dairy industry can attend these practices. **Practices will be held every Tuesday night starting on January 28th through April 8th at 7 p.m. at the Extension Office. The State Contest will be held on Saturday, April 12th at the University of Maryland, College Park.** For more information, contact Gary Brauning at 443-375-6963.

Beef Workshop

Hold the date! The Beef Committee is planning to host a Beef Workshop on **Sunday, February 2, 2025 at 1 p.m. at the Extension Office.** Information will be covered from feeding, rate of gain and health requirements to preparing to show and much more! This workshop will meet the livestock sale requirement for our junior and novice exhibitors to attend at least 1 livestock workshop. Make sure to register to ensure we have enough materials for everyone by Friday, January 31, 2025. Register at <https://forms.gle/wYptfCj9xbYkruKr8>





Market Beef, Dairy Steer and Commercial Heifer

We have scheduled steer weigh-in for **Saturday, January 4, 2025 at the Ag Center TRP Building beginning at 8 A.M. until 11 A.M.** Because of the location, all steers/heifers must be on a halter and reasonably broken! Market Animal Registration forms and AnSc Code of Ethics can be picked up at the Extension Office, from your club leader or email Becky (bridgewa@umd.edu) to have forms mailed to you. **Remember, the registration form is a 2-part form. You must turn in the form intact. Remember to sign the front, back and inside of the form (3 total signatures for the 4-Her and 3 signatures for the parent/guardian).** Your copy will be given to you on the day of weigh-in. If you have questions, please call 410-386-2760. **Registration forms are due to the CC Extension Office by Thursday, January 2nd. Tag cost is \$2 per steer/heifer.** Please make checks payable to CCEAB.

Castration Policy of the Maryland 4-H AnSc Program: All male steers, lambs, pigs and goats must be neutered and healed prior to 4-H weigh-in and tagging. The only exception would be animals that have obvious signs they have been banded, however, their scrotal sac is still intact.

2025 Poultry Orientation

Poultry Exhibitors: **If you are planning to OR thinking about showing anything in the Poultry Department at the Carroll County 4-H & FFA Fair in 2025, you are REQUIRED to attend ONE of the orientation meetings.** This includes poultry, turkey, posters, eggs, clovers, etc. This also includes first year and returning exhibitors. These meetings are for the Poultry Department and do not meet any requirements for any other livestock department. The meetings are in person (no virtual meeting offered and no make up sessions offered). All meetings are at the Extension Office and begin at 7 p.m. — check the listing on the board for the room number.

There are 3 options to attend 1 meeting:

Thursday, March 20th

Wednesday, April 2nd

Tuesday, May 20th

Again, you need to attend only ONE of the meetings.

Reminder: If you showed in the Poultry Department in 2024, you are required to have completed a Poultry Project Record Sheet in order to show in 2025, so be sure you have completed that (clovers are exempt). Any questions, call or text Nancy Carlisle at 443-605-5134

Sheep Workshop

The 2025 Sheep Workshop is scheduled for Sunday, April 13, 2025, 1pm at the Carroll County Extension Office. New information will be shared as the committee is trying some new classes this year. Hands-on sessions are also being worked on for 4-Hers to learn more about their sheep project. Remember, ALL Juniors and Novice exhibitors must attend at least one workshop to meet the livestock sale requirements. It's highly recommended that you attend the workshops for the species you are showing. Make sure to register at <https://forms.gle/5RvapVYaYVyfdr1A7>





Canned Food Drive Competition

Want to help your local community while earning the coveted 1st spot in the 2025 fair parade for your club? As the holiday season approaches, the Ambassador team is hosting their 2nd Annual Canned Food Competition between ALL Carroll County 4-H clubs! All non-perishable food must be dropped off at the Extension Office with a note of which club donated the food and how many items. A log will be kept by the office and each item counts as 1 point. The club that donates the largest number of canned goods will win the 1st spot for clubs in the 2025 fair parade! The competition began October 1st and will conclude on December 30th. Good luck to all clubs and thank you for participating as we pledge our hands to larger service!



Leadership Council and All Stars 4-H Meetings

Here is your opportunity to attend the 4-H Leadership Council meeting on **Thursday, January 23rd at 6:30 p.m. at the Extension Office**. All 4-H Volunteers, Parents and Senior 4-H Members are welcome to attend. This is your opportunity to hear updates about the Carroll County 4-H Program and ask questions, comments and bring your ideas of what you would like to see.

Immediately following the Leadership Council Meeting is the **4-H All Stars Meeting**. If you are a member of the 4-H All Stars, make plans to attend both meetings.

UME Volunteer Training

NEW VOLUNTEER TRAINING WILL START BACK UP IN JANUARY 2025 WHEN THE 4-H ONLINE SYSTEM OPENS FOR THE NEW ENROLLMENT YEAR. Just email Becky (bridgewa@umd.edu) to be added to the list interested in becoming a University of Maryland Extension 4-H Volunteer.

As a reminder, if you are interested in becoming a UME Volunteer, you **MUST** contact Becky to receive the paperwork. You may register as a volunteer in 4-H Online, but until you completed all of the required trainings and background check, you are not certified to serve as an official volunteer for the 4-H program. The training can all be completely done from the comfort of your home.

Fair Reminders

Everyone is welcome to participate in Fair Board meetings held at the Extension Office/Ag Center. The next meetings will be on January 22 at 7:00 p.m.

Too many ribbons? Don't throw them away. If they are in **good** shape, drop them off at the Extension Office and we will recycle them for next year. Ribbons should not be wrinkled, written on or missing strings. We cannot accept State Fair ribbons.

2025 Fair Dates—July 25-August 1, 2025. Please note that the Fair has officially added the first Friday to the fair schedule. The fair scheduling committee is currently working on the schedule and when it's available, it will be uploaded to the Carroll County 4-H & FFA Fair website and we will put reminders into the 4-H *Tribune*, too.

Dates to Remember

December 10	Animal Science Volunteer Updates, Virtual, 7pm
December 20	Camp Leader Applications close (online)
December 25	Carroll County Extension Office Closed (Christmas)
January 1	Carroll County Extension Office Closed (New Year)
January 3	Sr. Portfolios Due by COB
January 4	Mkt Beef, Dairy Steer, Commercial Heifer Weigh-in, & Tagging, Ag Center, 8-11am
January 6	Livestock Skillathon Practice, Extension Office, 7pm
January 8	Horse Bowl Practice, Extension Office, 7pm
January 10	4-H Project Night, Extension Office, 6pm
January 13	Livestock Skillathon Practice, Extension Office, 7pm Dairy Skillathon Practice, Extension office, 7pm
January 15	Horse Bowl Practice, Extension Office, 7pm
January 17	Club Officer Training, Extension Office, 6pm
January 20	Carroll County Extension Office Closed (Martin Luther King Day) Quilt Workshop, CC Extension Office, 9am Livestock Skillathon Practice, CC Extension Office, 7pm
January 22	Carroll County 4-H & FFA Fair Board Mtg, CC Extension Office, 7:30pm Horse Bowl Practice, Extension Office, 7pm
January 23	Leadership Council and All Stars Meeting, Extension Office, 6:30pm
January 24	Clover Project Night, Extension Office, 6pm
January 25	Mock 4-H Interviews, Extension Office, 9am
January 27	Livestock Skillathon Practice, Extension Office, 7pm Dairy Skillathon Practice, Extension office, 7pm
January 29	Horse Bowl Practice, Extension Office, 7pm
January 28	Dairy Bowl Practice, Extension Office, 7pm
February 2	4-H Beef Workshop, Extension Office, 1pm
February 3	Record Books, Clover Memory Books and Diamond Clovers Due Public Speaking and Demonstration Day registration closes on Fair website Livestock Skillathon Practice, Extension Office, 7pm
February 8	National 4-H Trip Interviews, Extension Office, 9am
February 14	4-H Project Night, Extension Office, 6pm
February 15	Demonstration Day, Extension Office, 9am
February 16	State 4-H Awards Program, MD State Fairgrounds
February 17	Carroll County Extension Office Closed (Presidents' Day) Quilt Workshop-Part 2, CC Extension Office, 9am

Carroll County 4-H Team

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The Carroll County 4-H Website. Find the *Tribune* online, plus other forms and information for youth and leaders.

<http://extension.umd.edu/locations/carroll-county>

The MD 4-H Youth Development Website, news & information from all over the state, plus forms and information for youth & volunteers. <http://extension.umd.edu/programs/4-h-youth-development>

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.

The information given herein is supplied with the understanding that no discrimination is intended and no endorsement by University of Maryland Extension is implied.

If you need a reasonable accommodation to participate in any event or activity, please contact the Carroll County Extension Office at 410-386-2760 at least two (2) weeks prior to the event.



Carroll County and Maryland 4-H Calendar 2025

Dates are subject to change.

Date	Event	Time	Location
January 2025			
January 1	CC Extension Office Closed – Happy New Year!	CLOSED	CC Extension Office
January 2	Senior Portfolios Beef/Dairy Weigh-In Paperwork Due	All Day	Due to CC Extension Office
January 4	Beef/Dairy Steer, Market Heifer Weigh-In/Commercial Heifer Tagging	8-11am	Ag Center
January 6	Livestock Skillathon Practice	7pm	CC Extension Office
January 8	Horse Bowl Practices	7pm	CC Extension Office
January 10	4-H Project Night	6pm	CC Extension Office
January 13	Livestock Skillathon Practice	7pm	CC Extension Office
January 15	Horse Bowl Practices	7pm	CC Extension Office
January 15	National 4-H Leadership Trip Applications DUE	11:59pm	4-H Online
January 17	Club Officer Training	6pm	CC Extension Office
January 20	CC Extension Office Closed – Martin Luther King Day	CLOSED	CC Extension Office
January 20	Quilt Workshop	TBD	CC Extension Office
January 20	Livestock Skillathon Practice	7pm	CC Extension Office
January 22	Horse Bowl Practice	7pm	CC Extension Office
January 22	CC 4-H & FFA Fair Board Mtg	7:30pm	CC Extension Office
January 24	Clover Project Night	6pm	CC Extension Office
January 27	Livestock Skillathon Practice	7pm	CC Extension Office
January 28	Dairy Bowl Practice	7pm	CC Extension Office
January 29	Horse Bowl Practice	7pm	CC Extension Office
February 2025			
February 1	Demonstration Day Entries Due	11:59pm	www.carrollcountyfair.com
February 2	Beef Workshop	1pm	CC Extension Office
February 3	Livestock Skillathon Practice	7pm	CC Extension Office
February 3	Record Books, Clover Memory Books and Diamond Clovers DUE	All Day	CC Extension Office
February 4	Dairy Bowl Practice	7pm	CC Extension Office
February 5	Horse Bowl Practice	7pm	CC Extension Office
February 8	National 4-H Trip Interviews	9am	CC Extension Office
February 10	Livestock Skillathon Practice	7pm	CC Extension Office

February 11	Dairy Bowl Practice	7pm	CC Extension Office
February 12	Horse Bowl Practice	7pm	CC Extension Office
February 14	4-H Project Night	6pm	CC Extension Office
February 15	Demonstration Day	9am	CC Extension Office
February 17	CC Extension Office Closed – President’s Day	All Day	CC Extension Office
February 17	Quilt Workshop (continued from January workshop) Practice	TBD	CC Extension Office
February 17	Livestock Skillathon	7pm	CC Extension Office
February 18	Dairy Bowl Practice	7pm	CC Extension Office
February 19	Horse Bowl Practice	7pm	CC Extension Office
February 24	Livestock Skillathon	7pm	CC Extension Office
February 25	Dairy Bowl Practice	7pm	CC Extension Office
February 26	Horse Bowl Practice	7pm	CC Extension Office
February 26	CC 4-H & FFA Fair Board Mtg	7:30pm	CC Extension Office
February 28	Clover Project Night	6pm	CC Extension Office
February 28	Senior Ambassador Applications Due		CC Extension Office
March 2025			
March 1	State Livestock Skillathon Contest	TBD	TBD
March 1	Public Speaking Entries Due	11:59pm	www.carrollcountyfair.com
March 4	Dairy Bowl Practice	7pm	CC Extension Office
March 5	Horse Bowl Practice	7pm	CC Extension Office
March 7	Dairy Bowl Practice	7pm	CC Extension Office
March 8	Public Speaking Contest	9am	CC Extension Office
March 8	Horse Bowl Contest	9am	UMD – College Park
March 11	Dairy Bowl Practice	7pm	CC Extension Office
March 14	Senior Ambassador Applications Due		CC Extension Office
March 18	Dairy Bowl Practice	7pm	CC Extension Office
March 20	Poultry Orientation	7pm	CC Extension Office
March 22	State Dairy Skillathon Contest		CC Extension Office
March 22	Fashion Revue	TBD	St. Mary’s UCC
March 25	Dairy Bowl Practice	7pm	CC Extension Office
March 26	CC 4-H & FFA Fair Board Mtg	7:30pm	CC Extension Office
March 29	Senior Ambassador Interviews	TBD	CC Extension Office
April 2025			
April 1	Dairy Bowl Practice	7pm	CC Extension Office
April 2	Poultry Orientation	7pm	CC Extension Office
April 5	Dairy Round Up	9am	TBD
April 8	Dairy Bowl Practice	7pm	CC Extension Office
April 8	Achievement Program	7pm	Ag Center (Red Buildings)
April 11	4-H Project Night	6pm	CC Extension Office
April 12	Carroll County 4-H Beef Field Day	9am	CC Ag Center (TRP Barn)
April 12	State Dairy Bowl Contest		UMD – College Park
April 13	Sheep Workshop	1pm	CC Extension Office

April 18	CC Extension Office Closed – Good Friday	All Day	CC Extension Office
April 23	CC 4-H & FFA Fair Board Meeting	7:30pm	CC Extension Office
April 25	Clover Project Night	6pm	CC Extension Office
April 25	Swine Livestock Registrations Due	All day	CC Extension Office
April 26	State Public Speaking Contest	TBD	UMD – College Park
April	Beef Field Day	TBD	TBD
May 2025			
May 1	CARROLL COUNTY 4-H ENROLLMENT DEADLINE		CARROLL COUNTY
May 2	Swine Weigh-In	5-9pm	Ag Center (TRP Barn)
May 2	Junior Ambassador Applications Due		CC Extension Office
TBD	CC 4-H/FFA Fair Online Entries Open		CC 4-H/FFA Fair Website (www.carrollcountyfair.com)
May 9	Sheep and Goat Livestock Registrations Due	All Day	CC Extension office
May 16	Sheep and Goat Weigh-in	5pm	Ag Center (TRP)
May 17	Junior Ambassador Interviews	9am	CC Extension Office
May 20	Poultry Orientation	7pm	CC Extension Office
May 28	CC 4-H/FFA Fair Board Mtg	7:30pm	CC Extension Office
May 26	CC Extension Office Closed – Memorial Day	CLOSED	CC Extension Office
June 2025			
June 10	CC 4-H/FFA Fair Online Entries CLOSE	11:59pm	CC 4-H/FFA Fair Website
June 19	CC Extension Office Closed	CLOSED	CC Extension Office
June 20	Fair Fun Days	9am	CC Extension Office
June 21	Carroll County 4-H Sheep and Goat Field Day	9am	CC Ag Center (Gesell Parking Lot)
June 22	Carroll County 4-H Swine Field Day	9am	CC Ag Center (Gesell Parking Lot)
June 23-25	Clover Fun Days	9am-4pm	CC Extension Office
June 23-26	Residential Camp (Younger Week)	All Day	Hashawha
June 25	CC 4-H/FFA Fair Board Mtg.	7:30pm	CC Extension Office
July 2025			
July 4	CC Extension Office Closed – Happy 4 th of July	CLOSED	CC Extension Office
July 7-11	Residential Camp (Older Week)	All Day	Hashawha
July 16	CC 4-H/FFA Fair Board Mtg.	7:30pm	CC Extension Office
July 15	Maryland State Fair Online Entries Close	Close by 11:59pm	Maryland State Fair Website
July 14-16	Clover Fun Days	9am	CC Extension Office
July 19	ANIMAL QUALITY ASSURANCE DEADLINE	11:59pm	Online Test
TBD	CC 4-H/FFA Fair Set-Up	TBD	Ag Center

TBD	Carroll County 4-H & FFA Fair		Ag Center
August 2025			
TBD	Carroll County 4-H & FFA Fair	All Day	Ag Center
TBD	CC 4-H/FFA Fair Clean Up	All Day	Ag Center
TBD	CC 4-H/FFA Evaluation Mtg.	7:30pm	Ag Center (Burns Hall)
TBD	Maryland State Fair	3 weekends	State Fairgrounds Timonium, MD
TBD	Livestock/Dairy/Poultry/Rabbit Judging Contest	TBD	MD State Fair
September 2025			
September 1	CC Extension Office Closed – Labor Day	CLOSED	CC Extension Office
September 3	CC 4-H/FFA Fair Board Mtg.	7:30pm	CC Extension Office
September 24	CC 4-H/FFA Fair Board Mtg.	7:30pm	Ag Center (Burns Hall)
September 27	MD 4-H State Archery Match	8am	CC Ext. Office/Ag Center
October 2025			
October 5-11	National 4-H Week	All Week	Nationwide
October 5-11	CC 4-H Promotional Contest	TBD	County-Wide
October 13	CC Extension Office Closed – Columbus Day	CLOSED	CC Extension Office
October 22	CC 4-H/FFA Fair Board Mtg.	7:30pm	Ag Center (Burns Hall)
November 2025			
November 11	CC Extension Office Closed – Veteran’s Day	CLOSED	CC Extension Office
November 27- 28	CC Extension Office Closed - Thanksgiving	CLOSED	CC Extension Office
December 2025			
December 1	Project Records DUE	9am	CC Extension Office
December 3	CC 4-H & FFA Fair Board Mtg	7:30pm	CC Extension Office
December 6	Project Record Judging	9am	CC Extension Office
December 25	CC Extension Office Closed - Christmas	CLOSED	CC Extension Office



Maryland 4-H Youth Code of Conduct

A goal of the Maryland 4-H Program is to provide opportunities for children and youth to build character. Maryland 4-H supports the CHARACTER COUNTSSM six pillars of character: **TRUSTWORTHINESS, RESPECT, RESPONSIBILITY, FAIRNESS, CARING, AND CITIZENSHIP**. To ensure Maryland 4-H programs provide positive and welcoming environments for all individuals to learn and grow, 4-H participants agree to abide by these expectations of behavior:



I will be **TRUSTWORTHY**. I will be worthy of trust, honor, and confidence. I will be a model of integrity by doing the right thing even when the cost is high. I will be honest in all my activities, and I will not cheat, lie, knowingly give false information, or be dishonest in any other way. I will follow through on commitments I make and responsibilities I accept. I will not engage in illegal or unethical behavior.



I will be **RESPECTFUL**. I will show respect, courtesy, and consideration to everyone, including other program participants, those in authority, and myself. I will act and speak respectfully. I will not use vulgar or abusive language or cause physical, mental, or emotional harm. I will dress in a manner that is appropriate, tasteful, and respectful for youth. I will take care of property and facilities and will not intentionally cause harm or damage. I will appreciate diversity in skill, ability, gender, ethnicity, family, and personal beliefs. I understand that Maryland 4-H does not tolerate statements or acts of discrimination or prejudice.



I will be **RESPONSIBLE**. I will be responsible, accountable, and self-disciplined in the pursuit of excellence. I will live up to high expectations so I can be proud of my work and conduct. I accept my personal responsibility to be informed of and follow policies, rules, and procedures of Maryland 4-H and 4-H events or activities in which I participate. I will be accountable for my choices and actions and I will take responsibility for any mistakes or misconduct in which I participate.



I will be **FAIR**. I will be just, fair, and open-minded. I will participate in events by following the rules, not taking advantage of others, and not asking for special exception or consideration. I will demonstrate good sportsmanship and will accept the final outcome of events and contests.



I will be **CARING**. I will be caring in my relationships with others. I will be kind and show compassion for other people and living things. I will treat others the way I want to be treated. I will show appreciation for the efforts of others. I will help members of my group to have a good experience by striving to include everyone.



I will be a **GOOD CITIZEN**. I will be a contributing and law-abiding member of the organization, community, and society. I will not use illegal or illicit substances such as tobacco, alcohol, or drugs. I will not act in a manner that is threatening, harassing, demeaning, or violent toward others, and I will not use technology or media to promote such actions. I will be respectful to the environment and contribute to the greater good. I will promote a spirit of inclusion by welcoming individuals from all backgrounds in my club and community. I will positively represent Maryland 4-H by holding myself to the standards of the 4-H Pledge and Motto.

SMCHARACTER COUNTS! Is a service mark of the CHARACTER COUNTS! Coalition, a project of the Josephson Institute of Ethics.





Y-57: Demonstrations

Superintendents	Jennifer Hiscock	hiscockjenn@gmail.com	443-244-1633
	Erica McAndrew	erica.mcandrew@gmail.com	410-967-9399
Assistant	Sandy Stonesifer		410-857-0416

Contest Date: Saturday, February 15, 2025

9:00 a.m. at the Carroll County Extension Office

Menu Judging entries and Food/Nutrition Posters are due to the Carroll County Extension Office by February 1, 2025.

Contest Reminders:

- **IMPORTANT - THERE WILL BE ASSIGNED TIMES FOR DEMONSTRATIONS THIS YEAR THROUGH THE USE OF A SIGN-UP GENIUS.** All registrants will receive an email on February 1st to sign up for a presentation slot. The contest will start at 9:00 a.m. and time frames will be available through the morning as needed based on the expected number of participants. The registration will be on a first come, first served basis.
- **You will need to pre-register through the Carroll County 4-H/FFA Fair website (www.carrollcountyfair.com).** There will be a link to direct you to the form. You will need to create a different login from the one you used for the fair unless using the Passport feature.
- **Classes – ages as of January 1 of the current year:**
 - Clovers – ages 5-7
 - Junior – ages 8-10
 - Intermediate – ages 11-13
 - Senior – ages 14-18.

Contest Classes, Rules, and Regulations:

1. **Participants may give both an individual and team demonstration or illustrated talk. If two are given, they must be in different classes. One team member MUST contact a superintendent to indicate who is giving the demonstration. BOTH team members must register online.**
2. There is a limit of 3 demonstrations given per person.
3. The length of a demonstration or illustrated talk should be:
 - a. Junior Division – minimum 5 minutes, maximum 8 minutes
 - b. Intermediate Division – minimum 8 minutes, maximum 10 minutes
 - c. Senior Division – minimum 10 minutes, maximum 15 minutes
4. Previous state champion demonstrators are eligible to compete in the same project area within each age division.
5. *Types of demonstrations participant can give:*
 - a. **Illustrated Talk** - Structured with an introduction, body, and summary. Instead of actually showing how to do, you explain how by use of illustrations, charts, or posters. You usually do this kind of talk in an area where you cannot actually show “how to do something” (i.e., How To Prepare A Compost Manure Bed).

b. **Formal Demonstration** - Structured with an introduction, body, and summary.

You are showing step-by-step how to do something resulting in a finished product.

6. Live animals are no longer allowed to be brought to the Extension Office as part of the demonstration or illustrated talk for classes 1008, 2008, 3008. Live animals may be used in classes 1009, 2009, 3009. Please be sure animals are properly restrained.
7. Shooting Sports demonstrations using firearms, must be left in a vehicle until time of presentation and immediately returned to vehicle at the conclusion of demonstration. Also, firearms, must be inspected by a UME Volunteer trained within the shooting sports program prior to start of demonstration.
8. You may use "PowerPoint" as part of an Illustrated Talk. **It will be your responsibility to provide a laptop computer for the presentation.** A representative from the 4-H office will assist in setting up and connecting to the projector. You **MUST contact the superintendent in advance (By February 12th)** so arrangements can be made for the presentation to be done in a room with a projector.
9. Premiums- \$10.00 per demonstration given; rosettes will be given to everyone who participates. Champion demonstrations will be awarded a medal. Club groups may participate and will be awarded a \$25 premium per demonstration.
10. **Club demonstrations must be registered for a demonstration under the club and not the name of an individual.** Please contact the superintendent if you have any questions.

The categories and classes below follow all of the rules and regulations above:

<i>Jr.</i>	<i>Int.</i>	<i>Sr.</i>	<i>Category</i>
1001	2001	3001	Automotive, Tractors, Small Engines, Bicycles
1002	2002	3002	Arts & Crafts, Photography
1003	2003	3003	Clothing, Personal Appearance
1004	2004	3004	Conservation, Entomology, Forestry, Marksmanship
1005	2005	3005	Family Life, Child Care, Safety, Health, Home Environment
1006	2006	3006	Gardening, Plan & Plant, Ag Commodities
1007	2007	3007	Handyman, Electric, Woodworking
1008	2008	3008	Livestock – Beef, Sheep, Swine, Horse/Pony, Dairy goat, Dairy Cattle, Veterinary Science
1009	2009	3009	Livestock – Rabbits, Poultry, Small Pets, Dogs
1010	2010	3010	General
1011	2011	3011	Food/Nutrition

The following categories and classes follow specific additional rules and regulations which are denoted below:

Clover Participants:

- Ages 5, 6, or 7 as of January 1, 2025
- Clovers will be evaluated and encouraged but not judged using the Danish system. All youth will receive a participation award. Premium offered for each clover's presentation is \$5.
- A special clover evaluation sheet will be given to each participant.
- No large animals are to be used in the demonstration.
- Kitchen facilities WILL NOT be available to clover demonstrators.
- Demonstrations can be a team or individual presentation.
- Class 1020 – Clovers

Horticulture Demonstrations (Senior ONLY Category)

- Demonstrators in this category can go on to the state horticulture demonstration competition in hopes of earning a national trip to represent Maryland at the National Horticulture Judging and Demonstration event.
- No individual or team will be allowed to present the same demonstration in successive years.
- There is no minimum time limit. The maximum time limit is 15 minutes. Demonstrations over this time limit will be penalized. Set-up and take-down time is not included in the 15 minutes allotted for the demonstration.
- At the end of the presentation the judges will have the right to ask questions. Questions will not be allowed from any individual other than the judge(s).
- Presentations must be a demonstration.
- Participants are responsible for bringing everything they need for their presentation. This includes extension cords, bowls, tablecloths, utensils, etc. Although every effort will be made to have a refrigerator and stove accessible, there is no guarantee.
- Open flames are **prohibited** in any portion of the demonstration

The following classes are available for entry:

<i>Class</i>	<i>Category</i>
4025	Production – Any practice that has to do with growing vegetables, fruits, nuts, flowers, ornamental plants and turf as well as those practices concerned with maintaining, replenishing, or increasing the productive capacity of the soil.
4026	Marketing – Operations in preparing vegetables, edible tree nuts, fruits, flowers, and ornamental plants for market, offering for sale to a buyer or preparing for storage and exhibiting those horticultural crops.
4027	Artistic Arrangement of Flowers and Vegetables – The use of flowers, vegetables and other horticultural crops in arrangements, corsages and plaques. Materials used may be live or dried. Weeds and native materials may be used. Artificial plants and flowers are not to be used.
4028	Landscaping – Any practice that has to do with arrangement, establishment and maintenance of flowers, ornamental plants and turf around or within the home, business or public grounds. (Demonstrations on growing landscaping materials should be entered in the production class. Cut flower arrangement should be entered in class 4027.)

Top Chef Demonstrations:

- **ALL TOP CHEF Challenge participants will participate in their age group categories. Seniors will go from 9:00-10:00 a.m.; Intermediates will go from 10:00-11:00 a.m.; Juniors will go from 11:00 a.m.-12:00 p.m.**
- Participants for the event will compete simultaneously in their own designated workspace.
- Participants will create their own healthy dish based on their age division. Prepared dish will be presented on a table setting using your own dishware, utensils, napkins, glassware, etc. appropriate to the theme of the dish.
- Table settings require a tablecloth for the serving table, plastic or glassware dishes to serve the food item, appropriate utensils, napkins, and anything else that would help

display your food item.

- All ingredients should be measured during the presentation.
- Participants will have access to a microwave, electric range, and oven. Those who use one or more of these, remember the time constraints for preparation time and demonstration time.
- Participants will be given 20 minutes or less to prepare the kitchen set-up, ingredients, equipment, and anything else needed and then will have a maximum of 30 minutes to demonstrate how they prepare the dish.
- Participants will be judged on their preparation skills before the demonstration begins.
- **OPTIONAL** Add-ons for your presentation: nutrition fun facts, ingredient card, poster
- Participants should practice safe food handling skills including washing hands, food sanitation, monitoring temperature of perishable items, keeping a clean work environment, and wearing proper attire (Ex. Aprons, tying hair back for events, wear cover-toed shoes, wear oven mitts, etc)

The following classes are available for entry:

<i>Class</i>	<i>Category</i>
1030	Jr. Entry: "Maryland Pride" Dessert
2030	Int. Entry: "Maryland Pride" Appetizer
3030	Sr. Entry: "Maryland Pride" Main Dish

Planned Nutritional Menus:

- Objectives of the competition:
 - Participants are encouraged to select and plan menus for one day according to the Dietary Guidelines.
 - Participants acquire knowledge about the nutritional value, cultural and ethnic characteristics of a wide variety of foods.
 - Participants develop skills in selecting and balancing meals for one day for a variety of lifestyles to learn how lifestyles affect meal patterns.
 - Participants apply nutrition information to food choices.
 - Participants use nutrition labeling in selecting foods for quick meals.
- **Participants will only be allowed to exhibit 2 menu entries.**
- Menus should include the correct number of servings from each food group in the Pattern for Daily Food Choices.
- Menus should include contrast of color, texture and flavors. Only one menu entry per class will be accepted for each 4-H member. **Menu entries will be received no later than February 1, 2025, at the Carroll County Extension Office. Judging will occur prior to Demonstration Day.**
- On the reverse side of the menu - print – name – age – complete address – class number
- On an additional page, describe for whom the menu is planned to include self or other family member, age, activity or other information. Tell why the menu is balanced and explain how selections meet the Dietary Guidelines.
- Menus should include a description of the preparation methods and amounts of foods.
- Judging criteria includes (score sheets available at the 4-H Office): Nutrition – 30%, Variety – 30%; Meal Appeal – 10%; Moderation of sodium, fat, sugar – 10%; Food Needs of Family Member – 10%; Creativity – 10%
- Prepared menu for a day using the MyPlate Nutritional Plan. Three meals, including no snack, hand printed or typed vertically on one 8 ½" x 11" sheet of paper, mounted

on construction paper – no pictures. Updated information available from the 4-H Office.

- Class Champions will be eligible for further competition during the Maryland State Fair.
- Premiums – \$10.00 premium awarded for each demonstration given.

The following classes are available for entry:

<i>Jr.</i>	<i>Int.</i>	<i>Sr.</i>	<i>Menu Category/Type</i>
1035	2035	3035	Convenience Foods – One or more meal(s) -- may include pre-packaged or prepared convenience food(s); i.e., TV dinner, frozen entrée or side dish, packaged rice or macaroni product, etc. Attach label(s) from the convenience food used.
1036	2036	3036	One Meal is from a Fast –Food Restaurant – one meal is purchased from a fast-food restaurant. Attach nutritional information from the fast-food restaurant.
1037	2037	3037	One meal is a packed lunch – one meal should be written as a bagged or packed meal.
1038	2038	3038	Vegetarian Menu – three meals meeting the nutritional needs of a vegetarian (lacto-ova). You may include dairy products and/or eggs, but not meat, poultry, or fish.
1039	2039	3039	Ethnic Menu – describe the culture represented

Food and Nutrition Posters:

- **Only one entry per 4-Her is accepted.**
- Posters may be eligible for exhibition at the Maryland State Fair.
- Posters may be either horizontal or vertical. Horizontal posters are encouraged; however, avoid a square-shaped poster.
- Posters must be designed or affixed to a standard poster board with 14” x 22” dimensions.
- Posters may be designed using watercolor, ink, crayon, acrylic, charcoal, oils, or collage. It must not be three-dimensional.
- Well-known cartoon figures – such as Sponge Bob, The Simpsons, Scooby Doo, etc., cannot be used because they are protected by copyrights. Brand names of foods cannot be used.
- The exhibitor’s name, age, address, and a brief interpretative statement should be clearly written on a piece of paper and attached to the back of each poster in the upper left-hand corner.
- Judging criteria includes information given and idea expressed – 25%; art, design, and lettering – 25%; construction – 10%; and nutrition information – 40%.
- **Posters will be received no later than February 1, 2025, at the Carroll County Extension Office. Judging will occur prior to Demonstration Day.**
- All posters will be judged on the Danish System. Score sheets will be provided for the poster exhibits.
- Premiums – \$10.00 premium awarded for each demonstration given

The following classes are available for entry:

<i>Class</i>	<i>Category</i>
1045	Junior Entry
2045	Intermediate Entry
3045	Senior Entry

Food Science Displays:

- Objectives of the competition:
 - Participants will develop an appreciation of the scientific process through planning and conducting experiments in food and nutrition.
 - Participants gain experiences in reviewing, organizing, and interpreting scientific ideas in food and nutrition.
 - Participants increase their knowledge about how science is used to convert raw agricultural produce into processed food products.
 - Participants increase awareness of the relationship of biological and physical sciences to food and nutrition.
 - Participants understand the importance of food and agricultural science and technology in providing a wide array of foods in today's markets and to recognize the many career opportunities.
- No project may involve any live animals or harmful chemicals, explosives, open flames, or any other potentially dangerous materials.
- Exhibitors must work on their displays individually. Team projects are NOT allowed.
- **Youth presenting a Food-Science Display will participate in conference judging on Demonstration Day. The displays are not due ahead of time to the Carroll County Extension Office.**
- The size of the display must be a minimum of 28" W x 14" D x 22" H or a maximum of 42" H x 36" W x 17" D and sturdy enough to stand alone.
- The report may be hand-written or typed and attached to the display board. DO NOT attach multiple pages.
- Food-Science Display scoring – Scientific thought – 35%; Originality – 25%; Thoroughness – 20%; Technical Skill – 10%; Clarity – 10%
- Class Champions will be eligible for further competition at the Maryland State Fair.
- Premiums – \$10.00 premium awarded for each demonstration given.

The following classes are available for entry:

<i>Class</i>	<i>Category</i>
1050	Junior Entry
2050	Intermediate Entry
3050	Senior Entry

- Parts of a Food Science Display:
 - **Title** – The title is written as a question or statement. Examples: What are the Effects of Enzymes on Fruits? OR The Effects of Enzymes on Fruits
 - **Purpose** – The purpose is a short statement of why the project was done. Example: The purpose of this project is to determine the effects of enzymes on the browning of fruit.
 - **Problem** – This tells what you want to investigate. This is usually in the form of a question. Example: Why do apples turn brown when exposed to air?
 - **Procedure** – The procedure records the step-by-step manner in which the experiment was performed. Careful thought should be given to the identification

- of variables and the materials used.
- **Results** – The results present an organized view of the information collected. Charts, graphs, tables, pictures, and/or drawings should be used to explain the results to others.
 - **Conclusion** – The conclusion explains the importance of the results. You will tell what you think the data you have gathered means.
 - Putting Together Your Display:
 - Your display must be a three-sided display. It will be exhibited standing so it must be able to stand by itself. Please check these suggestions and exact sizes listed previously:
 - Make your backboard from sturdy light-weight material: Heavy tag board, cardboard, or poster board are good choices for backboard materials. Put the three sections on the backboard together with hinges or strong, wide tape.
 - The title and other large letters may be cut out of construction paper and attached to the backboard. Stenciled or stick-on letters may also be used. Make sure that your title is easy to see.
 - Drawings and sketches should always be drawn in pencil first and then re-traced. It is better to draw them on separate pieces of paper, mount them on construction paper, and then attach them to the backboard. Make sure all drawings and pictures are labeled.
 - Plan to put the experiment in front of the center part of the backboard. You may use the equipment and the samples as part of the display.
 - Food Science Experiment:
 - This display offers exhibitors the opportunity to use the “learning by doing” process to discover important scientific facts as well as experience the joy of exploration. It is important that the youth allow ample time to complete the experiment and build the display before the competition. Re-read the descriptions and requirements of the Food Science Display and allow ample time to complete the project.
 - Scientific approaches – Youth should follow the scientific method in conducting their experiments using inductive reasoning. Inductive reasoning bases the conclusions on the examination of data collected: i.e., the fermentation of dough is affected by the temperature. The inductive approach would take identical pieces of dough and ferment for the same period of time at different temperatures and record the differences in size of the fermented dough before coming to a conclusion.
 - The scientific method involves four steps:
 - **The Purpose/Problem** that will be answered through investigation (hypothesis, a statement that will be either proven or challenged).
 - **Procedure** – a statement of how the investigation is to be carried out. This step requires careful planning and thinking about the investigative plan of attack.
 - **Results** – information gathered during the investigation is called data. After the data are collected, they need to be tabulated or diagrammed to aid in the analysis and explanation of results.
 - **Conclusion** – challenge the hypothesis or answer the questions asked.

Club Demonstrations:

- **Must be registered for the presentation as a club and not an individual.**
- A division has been created for club groups to do a demonstration or illustrated talk.
- Clubs will choose their own topic including AT LEAST 5 or more club members participating.
- Demonstrations should range from 10-15 min in length.
- Class champions will not be chosen in this division.
- A premium of \$25.00 will be given to each club.

University of Maryland Extension programs are open to all and will not discriminate against anyone because of race, age, sex, color, sexual orientation, physical or mental disability, religion, ancestry, or national origin, marital status, genetic information, or political affiliation, or gender identity and expression.

If you need assistance to participate in this program, please contact the Carroll County Extension Office (telephone: 410-386-2760; FAX: 410-876-0132) at least two weeks prior to the program.

**CARROLL CO. 4-H PUBLIC SPEAKING CONTEST -
2025**



SUPERINTENDENTS: Della Leister (443) 375-0123 Rita Becker (443) 375-1114

CONTEST: SATURDAY, MARCH 8, 2025 – 9-11 A.M. – CARROLL CO. EXTENSION OFFICE

- Participants will need to report to the registration table in Burns Hall immediately upon arrival to check-in and wait until your assigned room is available. You will need to pre-register. **Registration will occur through the Carroll County 4-H and FFA Fair website/registration system (www.carrollcountyfair.com).** The online entry system will open in early January and will close on March 1st at 11:59pm.

RULES AND REGULATIONS –

1. The contest consists of the following categories: Prepared Speech, Extemporaneous Speech, Radio Spot Announcement, 4-H Pledge, Interpretations – Humorous, Poetry & Dramatic.
2. Contestants will participate in appropriate age category: Clovers = ages 5 – 7 years; Juniors = ages 8 – 10 years; Intermediates = ages 11 – 13 years; Seniors = ages 14 – 18 years. Ages are determined as of January 1st of the year in which the contest is held.
3. First-Year Juniors are 4-H members ages 8 – 10 years of age as of January 1 of the current year who have not participated or competed in either a county Demonstration Day or Public Speaking Contest.
4. First-Year Juniors may participate in Division C (Junior) OR Division B (First-Year Junior); BUT NOT BOTH.
5. Time limits: **Judges may deduct points for speeches not meeting or exceeding time limits.**
Prepared Speeches – Clovers = 2 to 4 minutes; Juniors = 3 to 5 minutes; Intermediates and Seniors = 4 to 6 minutes
Extemporaneous Speeches – Juniors and Intermediates = 2 to 3 minutes; Seniors – 3 to 5 minutes
Radio Spot Announcements - 30 seconds for all age groups
Dramatic Interpretation, Poetry Interpretation, Humorous Interpretation – Clovers, Juniors, and Intermediates = 2 to 3 minutes; Seniors = 3 to 5 minutes
6. Visual aids, including posters, are not permitted. Appropriate gestures are encouraged. Dramatic Interpretation contestants may opt to sit for their presentation.

Prepared Speech

7. **Prepared Speech** contestants may speak on any topic. It may be wise to discuss topics that could be considered as controversial with your 4-H or Extension Educator before the contest. The speech may be written for a specific audience such as a 4-H club, PTA, or a community-service organization. Note cards containing a key word outline are permitted. Only Juniors and Clovers may use a complete script.

8. Memorization is not encouraged; however, speaking from an outline is encouraged.

Extemporaneous Speech

9. **Extemporaneous Speech** contestants will draw three topics on the day of the contest. They will choose one topic to speak on. Juniors and Intermediates may have up to 30 minutes and Seniors may have up to 15 minutes to prepare their talk. Contestants may use one side of up to four or both sides of up to two 4” x 6” note cards to write their key word outline. No speech should be fully written on the cards.

Radio Spots

10. **Radio Spots** should be exactly 30 seconds in length and may include a musical or sound effect introduction and/or background, but **MAY NOT INCLUDE** a spoken introduction or “tag” by anyone other than the contestant. If music or a sound effect is used, the contestant must provide and operate the sound-making device.

The contestant **MUST** provide a complete written script (including notations about music/sound effects) to the timekeeper to aid in timing accuracy. Musical/sound-effect introductions and endings are considered a part of the radio spot and must not cause the 30-second time limit to be exceeded. The spot should relate to 4-H, be original and be created by the contestant. With the speaker’s permission, spots may be considered for promotional purposes.

11. Speakers may speak or interpret in a language of their choice. If using a language other than English, the participant must inform the Extension Office before the event so that judges may be acquired.

Interpretations

12. **Dramatic** – the memorized oral interpretation by an individual or a serious selection of narrative or dramatic literature. The speaker shall memorize this oral interpretation. It shall be a serious selection of narrative or dramatic literature. Monologues are acceptable. Mime (use of your body to create an interpretation) is also acceptable. Cuttings may incorporate characters, but monologues are acceptable. Contestants should bring two (2) copies of the

script they will be using including reference. Language other than English must be translated.

13. **Poetry** – the memorized oral interpretation by the speaker. Contestants should bring two (2) copies of the script they will be using including reference. Language other than English must be translated.
14. **Humorous** – the memorized oral interpretation of a humorous selection by the speaker. Cuttings may be taken from published plays or prose. Contestants should bring two (2) copies of the script they will be using including reference. Language other than English must be translated.
15. Speakers in the Interpretation Classes (Dramatic, Poetry and Humorous) can speak or interpret in language of their choice. If using a language other than English, the participant must inform the Extension Office before the event so that judges may be acquired.

4-H Pledge

16. **4-H Pledge class** is a non-competitive recitation of the 4-H Pledge. Participants will be evaluated as described on the score sheet. Judges may ask questions regarding the meaning of the Pledge and its significance to the participant.

Additional General Rules

17. Judges may ask questions of contestants in the Pledge, Prepared Speech, and Extemporaneous Speech, Dramatic Interpretation, Poetry Interpretation, Humorous Interpretation categories related to the presentation's topic. Due to time constraints, questioning should be limited to two or three minutes per speaker. Questions will not be asked in the Radio-Spot category.
18. At the State Contests, a contestant may only compete in one category. If a contestant wins more than one category at the County Contest, they must choose which category in which to compete at the State Contest. Only one Champion from the 3 Interpretive Presentations will go on to compete at the State Contest. Clover and Pledge classes will compete in Carroll County only.
19. The names of two ranked champions and two ranked alternates in each age group of each category will be selected to form a pool for possible representation at the State Contest. The highest ranked individual will represent Carroll County at the State Contest.
20. State Champions may not enter the same category and age group a second time. Previous year's local champion speeches may not be repeated.
21. Coaching during speech by family, friends, or others is not permitted.

22. All participants will be evaluated on the Danish System. Recognition and awards will occur at the conclusion of the contest. Premiums will be included with the premiums from the Carroll County 4-H/FFA Fair. The following premiums are offered for Junior, Intermediate and Senior participants: Champion Award - \$4; Blue Award - \$3.50; Red Award - \$3; White Award - \$2.50; Clover and 1st Year Junior participants will receive \$1.

23. **The Contest will start at 9:00 a.m. There will be no assigned times for speeches. Report to the registration desk in Burns Hall no later than 10:30 a.m. to sign up for your room. You will need to pre-register. Registration forms will be available on the Carroll County Fair website. There will be a link to direct you to the form. You will need to create a different login from the one you used for the fair.** Remember to allow preparation time for your extemporaneous speech (15 minutes for seniors, 30 minutes for juniors and intermediates).

CLASSES – Clover (ages 5 – 7)

- 101 Prepared Speech
- 102 4-H Pledge
- 105 Dramatic Interpretation
- 106 Poetry Interpretation
- 107 Humorous Interpretation

CLASSES – 1st Year Juniors (ages 8 – 10) [No previous participation in County Demonstration or Public Speaking Contests.]

- 202 4-H Pledge
- 205 Dramatic Interpretation
- 206 Poetry Interpretation
- 207 Humorous Interpretation

CLASSES – Junior (ages 8 – 10)

- 1001 Prepared Speech
- 1003 Extemporaneous Speech
- 1004 Radio Spot
- 1005 Dramatic Interpretation
- 1006 Poetry Interpretation
- 1007 Humorous Interpretation

CLASSES – Intermediate (ages 11 – 13)

- 2001 Prepared Speech
- 2003 Extemporaneous Speech
- 2004 Radio Spot
- 2005 Dramatic Interpretation
- 2006 Poetry Interpretation
- 2007 Humorous Interpretation

CLASSES – Senior (ages 14 – 18)

- 3001 Prepared Speech
- 3003 Extemporaneous Speech
- 3004 Radio Spot
- 3005 Dramatic Interpretation
- 3006 Poetry Interpretation
- 3007 Humorous Interpretation

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.

If you need assistance to participate in this program, please contact the Carroll County Extension Office (telephone: 410-386-2760; FAX: 410-876-0132) at least two weeks prior to the program.



**CARROLL COUNTY 4-H AMBASSADOR PROGRAM
MR. AND MS. 4-H AND 4-H AMBASSADORS**

Application Due: No later than **Friday, March 14, 2025**
Deliver or Mail to: Carroll Co. Extension Office (4-H)
700 Agriculture Center
Westminster MD 21157
Interviews: **Saturday, March 29, 2025**

Dear 4-H Members,

If you are between the ages of 14 and 18 and would like to apply to be a Carroll County 4-H Ambassador, please submit the following items to the Extension Office **no later than Friday, March 14, 2025**.

Application Process Requirements:

- Completed application page (with photo), responses to application questions, and 4-H resume.
- Two (2) letters of reference attached to application. Letters should support your consideration as Mr./Ms. 4-H/Ambassador. Please obtain one letter from a 4-H adult, and one letter from a non-4-H adult. Letters may be from leaders, club officers, teachers, coaches, etc. No references from relatives will be accepted (even if they are your club leader).
- Reference letters must be submitted with your application packet.
- **SUBMIT YOUR APPLICATION PACKET BY 3/14/25.**
- Application packets not completed and received by **March 14, 2025**, will not be considered.

Interview will take place Saturday, March 29, 2025: NEW PROCEDURE THIS YEAR!!

- **NEW FOR 2025!!** A supplemental piece will be submitted in place of a presentation. You are asked to use your creativity to submit 1 item that showcases more about you. This can be anything that you would like to share with the judges and why this “piece” is important to you. This could be a project you have made, an award you won, pictures of your 4-H experience. Anything that showcases you. You are asked to bring this in to the Extension Office with your application, along with a written story as to why this piece is important to you. Your written story shouldn’t be more than 2 pages double-spaced.
- Be prepared to answer questions related to: Your 4-H experience, leadership perspective, and aspirations for 4-H and the Ambassador team.

If you have any questions about the Ambassador Program or about anything pertaining to the application and/or interview process, please do not hesitate to contact me at 410-386-2760 or via email at bridgewa@umd.edu.

