

Frederick
County
4-H
Newsletter

**December 2023-January 2024** 

# The Reporter

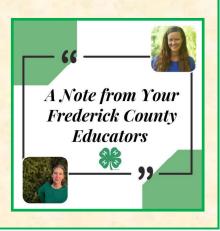
# "Hope is being able to see that there is light despite all of the darkness."

#### **Desmond Tutu**

The magic of the holiday season often fills us with the spirit of giving and kindness for others. It reminds us of reasons to be grateful and moments to treasure. It is one of our favorite parts of the season. What we often fail to recognize is that people make the magic, not the season. It is with hope that we can fuel the magic and bring light to the world. It is in hope that we can see through the darkness and take steps towards something brighter. Hope isn't the absence of action or work but seeing beyond it to know that the journey is worth it. Hope isn't void of pain or hardship but wrapped in courage and support. Hope is the everyday magic that teaches us to believe in ourselves and our strength so that we can help others see theirs. That is the magic...we are the magic.

Wishing you a 2024 filled with hope, love, and the courage to see the power of your own light in making the world a brighter place!

Anna (amglenn@umd.edu 301-600-3583) Erin (erkline@umd.edu 301-600-1590)



#### Inside this issue:

Activites & Events	2-3
4-H Certified Volunteer Info	4
Club News	5-8

#### Frederick County 4-H Office

330 Montevue Lane (3rd Floor) Frederick, MD 21702 301-600-1595

Erin Kline erkline@umd.edu

Dawn Downing ddownin1@umd.edu

Kim Krasauskis kkrasaus@umd.edu

Anna Glenn amglenn@umd.edu

Frederick County 4-H Website



## **Winter Workshop**

Winter Workshop was a ton of fun! We made succulent gardens in Mason jars, decorated cookies, made no sew t-shirt bags, hammered out some string crafts, decoupaged some beautiful 2024 Vision Boards, and even learned how to felt some cute wool ornaments. Thanks to our amazing volunteers who came out and helped lead activities for the 4-H'ers!



## 4-H Collection for SHIP Homeless for the Holidays

Thank you to our 4-H families and community for all of the generous donations for our Student Homelessness Initiative Partnership (SHIP) of Frederick County collection for Homeless for the Holidays annual hygiene drive. Your generosity will help ensure that students have access to these basic needs.



## Kris Kringle Parade

We had a great time participating in the Kris Kringle Parade in Downtown Frederick on December 8, 2023! Thanks to all who joined festivities!







## **Maryland 4-H Dog Bowl**

Congratulations to our Frederick County 4-H'ers on all their success at the Maryland State 4-H Dog Bowl on December 3, 2023.







### **Thank You!**

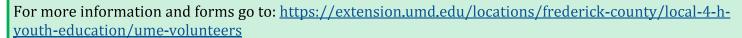


A big THANK YOU to our Frederick County community and local Tractor Supply stores! Over the past year through your generosity we have been able to raise over \$1,500 to support our local Frederick County 4-H'ers and programs. Funds from Tractor Supply are primarily used to support leadership opportunities such as trainings, contests, trips, awards, and more. All these programs provide life-changing experiences for young people that help them to find their sparks and THRIVE as contributing members of society. THANK YOU again for all of your generosity that supports the over 500 kids in our local 4-H program here in Frederick.

# Become a 4-H Volunteer today and help create life-changing experiences for youth in your community!

4-H Volunteers are a key component of the 4-H program. No matter your background or expertise, as a parent, a project leader, or any other leadership capacity, you can offer your unique talents, perspectives, and guidance.

- Lead community clubs, school-based or after-school programs, and camp settings
- Create community service opportunities for youth in your area
- Work with other adults to create fun and exciting programs



### What are the steps to becoming a 4-H volunteer?

Enroll in 4-HOnline as a Volunteer to start the process.

- Go to <a href="https://v2.4honline.com/">https://v2.4honline.com/</a>
- •If you already have a family profile, while in your "Member List" click on "Add Member" and then complete *New Applicant* as your Volunteer position.
- •If you are brand new to 4-H, please create a new account and then select *New Applicant* as your Volunteer position.

# After you complete your enrollment in 4-HOnline, you will receive an email from Kim Krasauskis with the following steps for completing your 4-H Volunteer On Boarding:

- ♦ 1. Background Check: Once you complete your 4-HOnline enrollment (#2 above), the Maryland 4-H office will send you an invitation email around the 1st or 15th of the month (depending on when you submitted your enrollment) through vendor Sterling Volunteers. THIS MUST BE COMPLETED WITHIN 30 DAYS OF RECEIVING THE INITIAL EMAIL FROM TheAdvocates@sterlingvolunteer.com or you will be DISMISSED by Maryland 4-H for one year and unable to volunteer with 4-H until completing the onboarding in 2024.
- ♦ **2. References:** An *Adobe Sign* email will be sent to your 3 references listed in your 4-HOnline Screening, so they can complete the reference form digitally. Please let them know in advance so they can watch for the email coming from kkrasaus@umd.edu.
- ♦ **3. Volunteer Orientation Training -Please watch** this 4-H Volunteer Orientation Video and then complete the Orientation Survey. I will automatically receive a notification of your completion of the 4-H Volunteer Orientation Training Survey.
- ♦ **4. Phone Interview** To select a sign up time please go to: <a href="https://calendly.com/erkline/4-h-volunteer-phone-interview">https://calendly.com/erkline/4-h-volunteer-phone-interview</a>
- ♦ **5.** Signing an **Appointment Agreement and Position Description** via an Adobe Sign email that will be sent to you after Steps 1-4 are completed.
- \*\* A 4-H Volunteer cannot work with 4-H Youth until ALL the above steps are completed and the 4-HOnline record is approved by both the State office and our local Frederick County office. The volunteer will receive a welcome email after all steps and approvals are completed and they are cleared to work with 4-H vouth.

If you have any questions about becoming a volunteer, please reach out to Kim Krasauskis at <a href="mailto:kkrasaus@umd.edu">kkrasaus@umd.edu</a> or 301-600-1595.

#### **Rocky Ridge**

**Shout Out** to the Rocky Ridge 4-H Club for purchasing 30 signs from our Frederick County 4-H Fundraiser and giving them out to their families!

The Rocky Ridge 4-H club had their annual banquet on November 4th. The club had dinner and honored many members with various awards. Great job to all the members.

Mylee Lambert, Reporter



#### **Rabbit Raisers**

On September 2nd our rabbit judging team participated in stations testing their knowledge on judging, breed ID, rabbit anatomy, equipment and much more. Our team of 9 represented Frederick County and Rabbit Raisers 4-H Club.

#### <u>Individual Placings Junior Team</u>

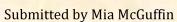
Gianna S. 1st, Sophia V. 4th, Tempe H. 5th and Jay M. 7th Intermediate Team

James S. 2nd, Julia M. 3rd, Simon B. 4th and Adalynn 6th Overall

Junior 1st

Intermediate 1st

Senior 2nd









#### Valley Urbanites

Valley Urbanites 4-H Club is on the move! At the October meeting club members made orange beaded pumpkins as a craft for a club entry at the Great Frederick Fair. Members also created a scarecrow, Conductor Steve, for the Middletown Scarecrow Contest. Conductor Steve could be seen waving at folks as they passed on Main Street close to Thompson's Funeral Home. Members were very creative as they figured out to make him wave! Our theme was "Get Onboard the 4-H Express!"

At the November meeting, Lillian gave a presentation on how to equip a babysitting bag. She had a lot of fun things in her bag to do with the children she was babysitting. Members also made turkey favors from a pack of crackers. The turkeys were given to the ladies at Record Street Home. They loved them!

On Sunday, November 26, our annual 4-H Christmas Party was held at the Ballenger Community Hall. Families enjoyed a potluck meal with fried chicken being provided. All the youth present made holiday crafts and played several games. The youth enjoyed the package game the most! The youth had to unwrap a package wrapped in plastic wrap with mitten potholders! Our community service project was collecting food for the Rescue Mission. A great-grandmother of one 4-H family was celebrating her 98th birthday and we sang "Happy Birthday" to her. A good time was had by all present!

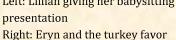
As the 2023 4-H year comes to an end, a new one begins!!



Left: working on the scarecrow Right: Mrs. Sturtz and Conductor Steve



Left: Lillian giving her babysitting presentation





Left: Food collected for the Rescue Mission Right: Playing a game at the Christmas party

#### **Tailwaggers**

The Frederick Tailwaggers have had a busy November and December preparing for and then competing in the 4-H dog quiz bowl at the University of Maryland College Park on December 3. Dog Bowl is a competition where clubs from different counties compete against each other (usually in teams) by answering questions about dog showmanship, breed standards, anatomy, and general dog knowledge. After weekly practice sessions over Zoom, the Intermediates earned 2nd place and the Seniors took home 1st prize! Congratulations to all who participated!

Submitted by Emma Freeman, Club Reporter



#### Lewistown 4-H & Cloverbud Club

The members and cloverbud members of the Lewistown 4H Club have been busy the last few months. In November, our members addressed Christmas cards to those persons serving in the military overseas as part of "Operation Gratitude". This is the second year that members of our club have helped St. John's Lutheran Church in Thurmont with this project. Last year, we addressed over 400 cards and in 2023, we surpassed that goal, addressing approximately 617 cards. Each card contained a handwritten note to those persons, expressing our gratitude for protecting our country and our freedom.

We held a craft day for members of our club, where we had various stations for members to make items to exhibit at local community shows and fairs. Although it's a busy time of the year for everyone and we always hope that more kids can attend, it was great for those who did. We learned how to make mints in candy molds, cookie cutter Christmas ornaments, decoupage, metal punch, etc.

Several members of our club participated in the Kris Kringle parade in downtown Frederick on December 8th and had a great time promoting Frederick County 4-H.

At our meeting on December 11, 2023, members enjoyed a pizza party and drinks and then we began assembling goodie baskets for friends and family members of 4-H members and others in the local community. We prepared approximately 20 baskets, and 15 cookie platters for friends of the fair, fire personnel at local fire stations, and friends who needed a little cheer! Each 4-H family was asked to bring 3 dozen cookies, and the baskets contained fruit, jello, pudding, crackers, puzzles, lotion, chapstick, cookies, etc. We also sang Christmas carols to friends who received the goodie baskets.

Our club also adopted a needy family from the Thurmont Food Bank and provided items and gifts for four children who otherwise would not have a good holiday. The family will be very happy that our club assisted them during this time of the year.

We are looking forward to 2024, and know it will be another busy year for our members.







#### **Shookstown**

As this year is coming to an end, and everyone is getting ready for the holidays, Shookstown Club is still working hard. For the month of November and December we have had a couple community service projects we have done. In November we had the Good Samaritan boxes. Our Club bought goodies and packed 24 boxes for children. We had a great turnout, and hoping for the same next year. At our November meeting we had a couple important visitors. We were lucky to have the presence of Erin and Anna. They talked to our club about all the opportunities 4-H has. We also had some workers from the Independent Hose Company. They explained how to put on their gear and how to search for people in fires. Our Club asked some great questions for all of our guest speakers. We supplied the Fire Department with several cases of water. Our club members also put together first aid kits. For Christmas, we have made cards that will be given to a nursing home. We will be having a fundraiser raffle for the month of May. We are going to be selling the tickets soon. They will be \$5 each. If anyone is interested, please contact a club member.

Hope everyone has a Merry Christmas and a Happy and healthy New Year!!



# Please remember this for any checks Send checks to the Frederick County 4-H office for deposit (NOT College Park) Pay to order of "University of Maryland" (NOT Frederick County EAC or 4-H) Write "Frederick County 4-H Office Frederick County 4-H Office



Frederick County 4-H meeting and activities follows FCPS weather announcements. If FCPS is closed or has cancelled activities due to weather, then Frederick County 4-H activities are cancelled. The best place to check is their website at fcps.org.

## **Upcoming Newsletter Submission Deadlines:**

February/March - Friday, February 2

April/May—Friday, April 5

Please email submissions to Kim Krasauskis kkrasaus@umd.edu

UNIVERSITY OF MARYLAND EXTENSION FREDERICK COUNTY OFFICE 330 MONTEVUE LANE FREDERICK, MARYLAND 21702



## Frederick County 4-H website: <a href="https://go.umd.edu/4HFrederick">https://go.umd.edu/4HFrederick</a>

Anna Glenn 4-H Educator 301-600-3583 amglenn@umd.edu We are on Facebook!
Please Like and Share
https://www.facebook.com/
FrederickCounty4H/

We are on Instagram!
Please Follow Us and Share
@Frederick4HYouth
https://www.instagram.com/
frederick4hyouth/

Erin Kline
4-H Educator
301-600-1590
erkline@umd.edu