



The Logger



VOLUME 20, ISSUE 1

SPRING 2020

Hello MD-DE Master Loggers,

We, at the MD-DE Master Logger program, are hoping you are well and taking the necessary precautions in this new global experience. Our office has been directed to work from home. Unfortunately, this means the MD-DE Master Logger program and its resources will not be fully available. At this time, we are hopeful to be back to the office and fully operational by April 10, 2020- however this could change and we will keep you informed. We will not be able to offer any courses in person, by CD Rom or USB drive. However, the MD-DE Master Logger core courses will still be available online at: <https://go.umd.edu/loggertraining>

Those that complete the MD-DE Master Logger online program during this time, will be acknowledged as an Active Master Logger but will receive their welcome packet when we are back in the office

If you are requesting any documentation- please be courteous as same-day service may not be available at this time. Please allow ample time for all requests.

We have been planning continuing education classes for this year. I wanted to let you know where we are with these; we have a program scheduled in Southern MD for May 13th, we will play that by ear. In November, there will be another program offered in Southern MD. There is a program scheduled for August in Eastern MD. I'm in the midst of working on one for Western MD.

If you have access to the internet and some spare time please check out the links listed for continuing education classes. Reminder; if you take these classes let us know and show us proof!

I can still be reached via email akedmen@umd.edu and via my cell phone 410-310-8445. Taylor can also be reached via email at taylormr@umd.edu or by leaving a message at (410) 827-8056. Thank you for your patience. Be safe and take care.

-Agnes and Taylor

Continuing Education Credit Opportunity	Credit hours
Richmond Logging Expo October 9 & 10 https://www.valoggers.org/the-richmond-logging-expo/	2
Forest Pest presentation (CD, Youtube or Facebook)	1
SHARP Logger Programs thru Virginia Tech— http://sharplogger.vt.edu/	varied
WV BMP Recertification course http://www.wvforestry.com/	8
Professional Timber Harvesting Essentials thru Penn State— http://sfiopa.blogspot.com/	varied
Service as Board Member, or Member of a significant state of local natural resources Committee, Board, or Task Force.	2/year
Master Logger Committee member	4/year
4-H forestry volunteer	varied
Service as a Member in any county forestry or natural resource organization	1/year
Hosting an approved Timber Harvesting Tour	4/year



Maryland
Department of
the Environment



UNIVERSITY OF
MARYLAND
EXTENSION



Information from MD Forest Service

Maryland Forest Products Declared Essential

Businesses focused on the manufacture and distribution of forest products, including, but not limited to timber, paper, and other wood products are considered essential to our community during this time. US Department of Homeland Security designated forest products manufacture as critical infrastructure and Maryland Governor Hogan extends this designation to the State level. For your reference, see the CISA guidelines stating “*Workers who support the manufacture and distribution of forest products, including, but not limited to timber, paper, and other wood products*”

CISA website: <https://bit.ly/33PrIGg>

Maryland COVID-19 Emergency Relief Fund Programs for Businesses

Maryland has authorized \$130 million in loan and grant funding for small businesses and manufacturers that have been negatively impacted by COVID-19. This emergency assistance provides interim relief and proceeds that can be used to pay cash operating expenses including payroll, suppliers, rent, fixed debt payments and other mission critical cash operating costs.

If you are a Maryland-based business impacted by the Coronavirus with under 50 full- and part-time employees, or a Maryland manufacturer, check out the programs here to see if you qualify for assistance.

Maryland Small Business Covid-19 Emergency Relief Loan Fund

This loan fund offers working capital to assist Maryland for-profit small businesses disrupted operations due to COVID-19. Loan assistance is intended to provide interim relief complementing actions with its bank, business interruption insurance, and financial partners.

- **Loans up to \$50,000** (not to exceed three months of cash operating expenses) open to Maryland businesses impacted by the COVID-19 with fewer than 50 employees.
- No collateral requirements.
- Eligible uses include: working capital to support payroll expenses, rent, mortgage payments, utility expenses, or other similar expenses that occur in the ordinary course of operations.

Website: <https://bit.ly/2WKH1i1>

Federal Small Business Administration Assistance

The U.S. Small Business Administration (SBA) will provide low-interest loans to companies affected by the outbreak. Individual businesses can now apply directly to the SBA for low-interest loans through the Economic Injury Disaster Loan program.

Website: <https://bit.ly/2xqPQTW>

Taxes

Maryland business and individual income taxpayers will be given a 90-day extension for tax payments. No interest or penalty for late payments will be imposed if 2019 tax payments are made by July 15, 2020

IN SUMMARY:

- April 15 – Filing deadline for federal income tax or to file a federal extension. No separate Maryland extension is necessary if you file a federal extension.
- June 1 – Returns and payments are due for Maryland business-related taxes not collected in March, April and May including sales and use tax, withholding tax, and admissions & amusement tax, alcohol tax, tobacco tax, and motor fuel tax, as well as tire recycling fee and bay restoration fee returns.
- July 15 – Deadline for Maryland individual, corporate, pass through entity, and fiduciary income tax payments, as well as March quarterly estimated payments.
- October 15 - Deadline for filing Maryland income tax returns if a federal extension was filed.

For the most comprehensive information on various relief programs to help Maryland business, this website is continuously updated: <https://bit.ly/33PrIGg>

TOUR OF EASTERN SHORE FOREST PRODUCTS

On February 19, Agnes, Taylor and Dan Sweeny from (MARBIDCO) spent the day with Joe Hinson, a consulting forester who does a lot of work for Eastern Shore Forest Products (ESFP) in Salisbury, Maryland.

We started the day on an active logging job where they were chipping on site for biomass fuel which is delivered directly to Eastern Correctional Facility. It was great to see a couple of MD-DE Master Loggers on the job. Adam Phillips and Chris Mariner demonstrated how a pro operates their machines. It was interesting to hear this clear-cut was because the landowner wants to encourage wildlife. With the increasing interest for wildlife friendly lands, it was suggested that our MD-DE Master Logger Program offer a Wildlife CEC.



MD-DE Master Loggers Pictured: Adam Phillips, Chris Mariner, and Rob Windsor of Eastern Shore Forest Products

Next up, the large mill where two sizes of pine shavings are processed and packaged. It was awesome to see the big stacks of logs ready to be shaved.



We found out a couple new things going on with ESFP- they recently opened a new firewood production facility and they are planning to open a new pellet mill on the Shore. The day ended at Pocomoke State Forest where we aged a tree and reflected on how managing this resource for a variety of different objectives is beneficial to many.

We would like to thank, Joe Hinson, Adam Phillips, Chris Mariner, and Rob Windsor for taking time out of their busy day to give us a tour!

We want to see you too! Invite us out to one of your jobs. We'd love to see you in action!

Check us out on Facebook! <https://www.facebook.com/MDDEMasterLogger>



On our Facebook page you will find upcoming Continuing Education Opportunities, local events or organizations related to your industry, networking opportunities, and MD-DE Master Logger Program announcements. So don't wait! Check us out on Facebook today!

Governor Hogan announced the “Stay-At-Home” executive order.

To read the full executive order go to: <https://go.umd.edu/mdexecutiveorder>

FAQ: In light of the Governor’s declaration today, as an essential businesses, what type of verification should I provide to my employees to travel to-from work?

Answer: Currently, there is not a state-issued "Letter of Clearance" or similar document for employees of essential businesses to carry. It is recommended that employers draft and print their own letters containing:

- The name and address of the employee
- The name and address of the business
- The nature of the employee’s work
- Reasons why the employee’s work fits the definition of essential
- The signature and contact info of the employer

It is recommended that employees carry such a letter on their person when traveling to-from work.

The Maryland Forest Service has provided a draft of this letter: go.umd.edu/draftletter

The Governor is also asking all open “Essential” Businesses, please allow any employees who can effectively do their job from home, to allow them to do so. This is for the safety of your employee, the rest of your team, and for all Marylanders.

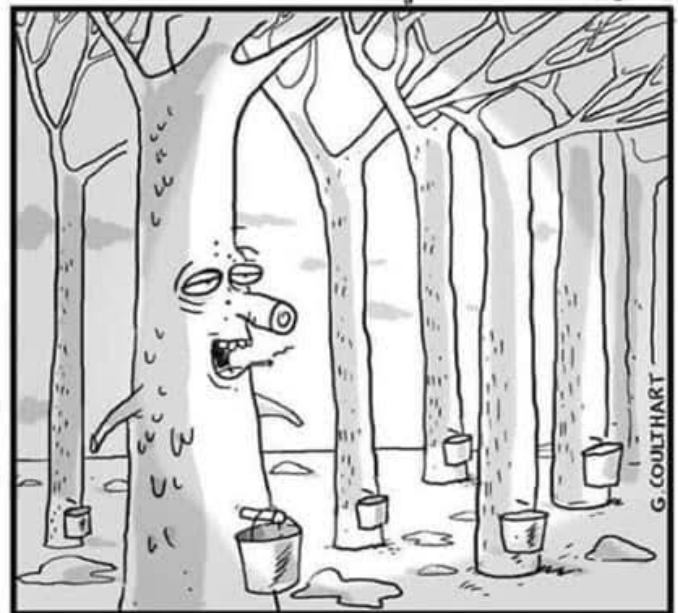
Update on the Dept of Labor program **COVID-19 Layoff Aversion Fund - Workforce Development and Adult Learning**

At this time the Department of Labor is no longer accepting applications. Please refer to the Coronavirus (COVID-19) Information for Businesses webpage (<https://bit.ly/2WZcjBF>) for information on the new federal programs enacted by the passage of the federal Coronavirus Aid, Relief, and Economic Security Act known as the ‘CARES’ Act.

Want to stay up-to-date with the Forest Industry?

The Forest Resource Association (FRA) can keep you posted during this new global experience.

www.forestresources.org/



God! That feels good!...I've been holding that in for a whole year.

MARYLAND LOGGER OF THE YEAR NOMINATIONS NOW OPEN



Each year the Maryland Delaware Master Logger and Maryland Forest Association (MFA) work together to choose and celebrate the Logger of the Year Award. The award recognizes outstanding loggers who are working to a higher standard. The award is open to all independent logging contractors, nominations are submitted to the MD-DE Master Logger

Program mid-summer for the MD-DE Master Logger steering committee members to review. Nominees understand their role as caretaker of this important renewable resource and must demonstrate deliberate care during timber harvesting, a keen understanding of forest management practices, contribute to the logging community through service and excels at business management all while keeping themselves and their crew safe.

If you know a logger that is doing some good work and want to nominate them, check out our MD-DE Master Logger website <https://go.umd.edu/LOY> or call Agnes, cell: 410-310-8445 or office: 410-827-8056.

Nominations are due July 15, 2020

REDUCING MACHINE OPERATOR FATIGUE

a Training Brochure for Machine Operators

Special thanks to the Logging Industry Research Organization, Human Factors Group, of New Zealand, for allowing FRA to use material from its report.



- Maintain good body position in your machine.
- Take short breaks for muscle relaxation.
- Build breaks into your workday.
- Do stretching exercises several times a day.

1) WORKING POSTURE

It is important to maintain good body position while in the machine. Adjust the seat, arm rests, and controls to suit yourself. Some basic machine operator body position guidelines are:

- Keep your shoulders and arms as straight and relaxed as possible.
- Keep your wrists straight whenever possible.
- Avoid leaning forward or to the side in your seat for extended periods of time.
- Sit back in your seat, so that your lower back and thighs are supported. Feet should be flat on the floor without any pressure points on the underside of thighs or calves.

2) MUSCLE RELAXATION

Relax your arms and hands for a few seconds every few minutes to relieve muscle tension.

3) BREAKS

Build short breaks into your workday. Get out of your machine and move around--don't just sit down! Be active performing other tasks.

4) STRETCHES

The following stretches can be used to relieve muscle fatigue. Ease into the stretches.

Stretch 1:

WRISTS AND FOREARMS

Lift your arms out in front of you. Keeping your arms straight, move your hands in circles, first in one direction, then in the other. This is good for wrists and forearms

Repeat 5-15 times in each direction.

Stretch 2:

SHOULDERS



Rotate your right shoulder forward, up and back, and then in the opposite direction. Repeat this for your left shoulder. Keep your spine straight, and be careful not to move your chest upwards. This is a good shoulder stretch.

Repeat 5-15 times on each side.

Stretch 3:

ARMS AND SHOULDERS

Stand or sit with one elbow bent at chest height, with your palm on your chest.

- Extend your other arm out in front of you at shoulder height with your hand turned in and your palm facing away from you.



Now slowly reverse the arms--one hand is pulling in to you; the other pushing away.

This is good for your arms and shoulders.

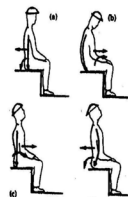
Repeat slowly 5-15 times.



Stretch 4:

LOWER BACK

- Sit up straight, and look straight ahead.
- Breathe out as you roll your pelvis back, and slump to look at your navel.
- Then, as you breathe in, straighten up, roll your pelvis up, and lift your head. When doing this, your head and pelvis should move together. As you look up, breathe out fully through your mouth. Your knees should move apart, and your shoulder blades should come together at the back, and your chest should expand.



- Breathe in as you return to the start position. Do not move forward or back--simply up and down.

This is a good back stretch.

Repeat 5 times.

Stretch 5:

SHOULDERS AND ARMS

Behind your back, hold one hand in the other (palms up). Slowly turn your elbows inward while straightening your arms (pulling your shoulder blades together).

This is an excellent stretch for shoulders and arms.

Hold for 5-15 seconds, repeat twice.



Stretch 6:

ARMS AND UPPER BACK

Holding one hand in the other, straighten your arms in front of you. Your palms should be facing away from you as you do this stretch. (Don't let your shoulders go forward.)



Feel the stretch in your arms and through the upper part of your back.

Hold for 20 seconds, repeat at least twice.

Stretch 7:

UPPER ARMS AND SHOULDER

With arms overhead, hold the elbow of one arm with the hand of the other arm. Gently pull the elbow behind your head, creating a stretch. Do it slowly; hold for 15 seconds. Repeat on your other side.

This is a simple stretch for your triceps and the top of your shoulders.



Repeat 3 times on each side.

Stretch 8:

NECK AND UPPER BACK

Looking straight ahead, pull chin inwards, creating a double chin, and gently turn to the left, then the right. You should feel the stretch at the side of your neck. Pull your shoulders down gently to increase the effectiveness of the stretch. This will stretch your neck and upper back.



Repeat 2-3 times.



Southwest Safety Committee
Forest Resources Association Inc.
600 Jefferson Plaza, Suite 350, Rockville, Maryland 20852
301/838-9385



MD/DE Master Logger Program

Agnes Kedmenecz
Program Coordinator
Wye Research and Education Center
PO Box 169
Queenstown, MD 21658
Phone: 410-827-8056, ext. 125
Fax: 410-827-9039
E-mail: akedmen@umd.edu
<http://extension.umd.edu/masterlogger>

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THE LOGGER is the official publication of the MD-DE Master Logger Program, Master Logger Steering Committee (MLSC), and the Maryland SFISIC.

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**MD-DE Master
Logger Word
Search**

Word List

- Upcoming
- Nomination
- Forest Products
- Pine
- Award
- Logger
- Machine
- Operator
- Fatigue
- Wildlife
- Management
- Biomass