



VOLUNTEER AND TEEN FORUM

Light your Spark

November 4-5, 2023

The Holiday Inn on 65th Street in Ocean City

Who: 4-H members age 13-18,
4-H volunteers and professionals

Why: To support networking, connections
and learning for teen and adult leaders

Registration Checklist

Early Bird Registration Deadline: September 15, 2023 (11:59 pm EST) Registration Deadline (After 9/15/23):
October 1, 2023 (11:59pm EST) Registration Fees vary, please see Full Registration Information

Join us for the 2023 Maryland 4-H Volunteer and Teen Forum in Ocean City, MD! This event is open to all 4-H volunteers, parents, teens and educators, and provides time to meet others from around the state and learn more about all the wonders of the 4-H program. This is an excellent opportunity for teen and adult volunteers to learn the knowledge and skills necessary to be leaders in their local 4-H programs. This event can also be used as a family "get-away" due to the location and opportunities provided for youth to learn and have fun simultaneously, while their parents are attending workshops.

The Forum provides professional development workshop sessions and hands-on, educational evening activities on Saturday and connection opportunities for youth and adult leaders on Sunday. This year's workshop topics include a focus on Thriving, Connections, STEM and Service. Sessions are designed for teens (actual age 13-18) and adult volunteers and 4-H professionals. The youth classes will also be offered on Saturday during the workshop sessions (for parents attending the Forum) and are guaranteed to engage and educate youth Clovers (4-H age 5-7), Juniors (4-H age 8-10,) and Intermediates (4-H age 11-13).

But wait! That's not all! To add to the fun, there will be engaging activities on Saturday night, opportunities to connect, and energizers at all large group gatherings. We will round out the weekend with a youth and adult partnership World

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.

Cafe on Sunday followed by a Maryland 4-H State Council Open House that is open to all!

Come join us for the perfect mix of fun, connections and learning.

The **Holiday Inn Oceanfront, Ocean City** is our destination for the weekend, which is truly a home away from home. Basic accommodations feature a fully-equipped kitchenette and plush furnishings for the ultimate comfort in Ocean City. Each accommodation also offers a full array of modern amenities, including complimentary Wi-Fi, HDTV with cable, and convenient sofa sleepers for additional guests.

What better way to spend a weekend than relaxing with friends on the ocean front.

** Registration fees must be paid in full by credit or debit card linked to your 4-H Online event registration. If your local 4-H program agrees to pay part or all of your registration, you will need to make arrangements for reimbursement.*

Only complete registrations will be approved and only approved participants will be able to attend.

You will receive an email from 4-H Online confirming your approved registration.
Thank you and we hope to see you at the Volunteer and Teen Forum

If you need a reasonable accommodation to participate in this event or activity, please contact your local University of Maryland Extension Office at least two weeks prior to the event.

This year's program includes:

Saturday, November 4th

- 7:30-10:00 am Forum Check In
- 8:30-9:30 am Breakfast (full time registrants)
- 9:30-10:00 am Welcome and Getting Started
- 10:15-12:30 Volunteer and Teen Workshops & Youth Classes
- 12:30-1:30 pm Lunch and Connections (all registrants)
- 1:45-4:00 pm Volunteer and Teen Workshops & Youth Classes
- 4:00-7:00 pm Explore Ocean City and Dinner on Your Own
- 7:00-9:00 pm Evening Activities and Connections

Sunday, November 5th

- 8:30-9:30 am Breakfast (full time registrants)
- 9:30-10:30 am Volunteer and Teen Leadership Connection- Sharing your Spark and Inspiring Others
- 10:30-11:30 am State Council Open House
- 11:30 am Farewell

Volunteer and Teen Workshops....

Class #1 10:15-11:15	Class #2 11:30-12:30	Class #3 1:45-2:45	Class #4 3:00-4:00
<p>101 - Thriving with PYD Amy Lang and Gretchen Sumbrum</p> <p>The session will introduce participants to the Thriving Model, explaining its origins and purpose. Participants will then participate in interactive activities to develop tools that can be used to ensure that a positive youth development context is created to facilitate thriving youth indicators and outcomes.</p>	<p>102 - True Leaders: Culture, Power and Justice Curriculum Joseph Cho, Anna Glenn, Arnelle Quashi and Jessica Mellon</p> <p>This workshop will provide an overview of a curriculum around the topic of diversity, equity, and inclusion (DEI) that the volunteers and educators can utilize. Participants will learn the importance of DEI and easy to incorporate it into their own 4-H work.</p>	<p>103 - So You're a Leader, Now What? Barb Barga and Kirsten Cowan</p> <p>You find yourself in a 4-H leadership position... now what? Join our fun interactive class to learn how to create meaningful, FUN, engaging club meetings. What should your meetings look like? Learn new exciting ways to promote discussion. Take home programs in a bag! You will be energized to LEAD!</p>	<p>104 - Importance of Advocating Mackenzie Underwood</p> <p>The who, what, when, how and why advocate for agriculture. Who we should advocate to, what to advocate about, when we should advocate, how to advocate, and why we advocate.</p>

Class #1 10:15-11:15	Class #2 11:30-12:30	Class #3 1:45-2:45	Class #4 3:00-4:00
<p>201 - How to Highlight STEM in ALL 4-H Activities Mark Demorra</p> <p>This workshop will overview exactly what makes a program "STEM" and how to highlight the STEM elements without significantly overhauling them or investing in a lot of changes. Participants will learn how to evaluate existing activities/programs and determine how they can better emphasize STEM elements.</p>	<p>202 - Make It, Take It- STEM Style Jessica Mellon</p> <p>Are you curious about the maker movement? Learn what it is, why it matters, and how it relates to STEM. In this workshop, you'll try a variety of hands-on maker activities from simple to more complex for a variety of age levels and abilities.</p>	<p>203 - 4 Your Eyes Only: Engaging 4-Hers in the art of Spycraft Mark Demorra and Cathy Porterfield</p> <p>Espionage is a fascinating and alluring world for both youth and adults. This session will overview some brief and unique spy & espionage-related activities that clubs and volunteers can do with 4-H youth, that don't require a CIA agent nor high-tech gadgetry to execute.</p>	<p>204 - Finding STEM in all the Fun Places-- Bubbles Janet Sefton</p> <p>Find STEM/STEAM in what kids love. Everyone loves bubbles! This workshop is how Janet Sefton created a program that taught art, math, chemistry, physics and "how to science" using bubbles. Come make and study some bubbles with us!</p>

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<p>301 - Community Service Ideas for All Marylisa Schaedel</p> <p>Looking for community service ideas that can work for any club budget, big or small to offer rewarding opportunities for youth to give back to their community in a thoughtful way. Then come join this hands on session to make items that could be a part of your next community service project!</p>	<p>302 - Connection and Reflection: The Importance of Both in your 4-H Club Michelle Harman</p> <p>Social and recreational club activities help connect members of all ages. Come learn and share games and team building activities you can use in your club program to increase connections. Participants will receive materials to share with others.</p>	<p>303 - Building Connections through Positivity Erin Kline and Jamie Morris</p> <p>Being a positive leader helps build relationships and team spirit. Positivity is a mindset that everyone can learn to embrace and it doesn't mean you have to be happy all of the time! Come learn and share simple techniques to infuse positivity into your life and volunteer work.</p>	<p>304 - We Pledge Our Hands to Larger Service! Anna Glenn and Gretchen Sumbrum</p> <p>Join us for an interactive workshop on designing and implementing service-learning projects in 4-H clubs, projects, school programs, etc. Explore the benefits that service learning projects have and how they help our 4-H'ers and communities to THRIVE!.</p>

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<p>401 - The Portfolio, Where To Start? Kirsten Cowan and Barb Barga</p> <p>The Senior 4-H Portfolio... what is it? How do you start?</p> <p>This session will focus on 4-H Resume and Interview, two of the three parts of the Senior 4-H Portfolio. Come learn how to prepare and why you should consider submitting one!</p>	<p>402 - Starting a Local Shooting Sports Program Frank Fruh, Ray Pierce and Russ Parson</p> <p>Come learn what it takes to start and maintain a local Shooting Sports program from current Shooting Sports Instructors. Topics to include</p> <ul style="list-style-type: none"> ● establishing the need, ● getting permissions, ● finding resources (instructors, funds, facilities, equipment, etc.) and much more! 	<p>403 - Allow Me To Introduce Myself: Pronoun Arnelle Quashi</p> <p>The use of pronouns affirms and gives visibility to the identity of the individual. In this workshop you will learn what language and pronoun use is, various pronouns used by folks, how to support and help people feel like they belong, and how to come back when you make a mistake.</p>	<p>404 - Nurture Natives - Igniting a Spark in our Teens Amy Lang, Esther Bonney and Samantha Rutherford</p> <p>The session will tell the story of the Nurture Natives project - how it was developed, funded, and expanded from a county-based initiative to a state-wide effort. Participants will be provided guidance on how to replicate the program, using it's template to develop a local branch of Nurture Natives, or another community based project.</p>

Youth Classes

Clovers (5-7 year olds)

Pajama Day! Come for a day of crafting and connection fun in your PJ's!
The morning session will be from 10:00 am 12:30 pm and the afternoon session will be from 1:30 pm-4:00 pm. Parents will be expected to pick their child up for the lunch break from 12:30 pm-1:30 pm. **See the registration and fee information section to make your plans! Youth's parent/guardian must be enrolled in Forum workshops.**



Juniors (8-10 year olds)

Exploring 4-H Projects- Engage in hands-on activities and explore a variety of 4-H projects. The morning session will be from 10:00 am 12:30 pm and the afternoon session will be from 1:30 pm-4:00 pm. Parents will be expected to pick their child up for the lunch break from 12:30 pm-1:30 pm. **See the registration and fee information section to make your plans! Youth's parent/guardian must be enrolled in Forum workshops.**

Intermediates (11-13 year olds)

Learning and Leading Together- Engage in hands-on activities designed to inspire creativity and help you become a youth leader. The morning session will be from 10:00 am 12:30 pm and the afternoon session will be from 1:30 pm-4:00 pm. Parents will be expected to pick their child up for the lunch break from 12:30 pm-1:30 pm. **See the registration and fee information section to make your plans! Youth's parent/guardian must be enrolled in Forum workshops.**

Additional activities...

Saturday Evening Activities- Enjoy informal connections and fun with fellow participants on Saturday, November 4th from 7:00-9:00 pm!

Activities will include:



Stick Horse Race- this fun and fundraising activity will begin during breakfast, last throughout the day and culminate with a race during Saturday's evening activities.

- During breakfast we will auction off stick horses to teams of volunteers and teens. Bring your dollars to help purchase your horse.
- During the sessions on Saturday each team will select a jockey to ride the horse at the end of the night.
 - Teams will need to guard their horse from "horse thieves" between the auction and the race. Whoever is in possession of the horse at the time of the race will ride your horse, so guard it well!
 - Teams may also decorate their horse during the day with flowers, bandanas,

etc to show your team colors. Bring your decorations and imagination to make this event a lasting memory!

- During the evening activities, there will be a controlled (by dice) horse race and other fun horse related activities.

STEM Playroom- Come engage in fun STEM activities as seen in some of the workshops and learn a little more about how easy and fun these activities are for youth and you!

Dance Class- Learn all of the fun line and group dances as learned at National 4-H Congress and other National 4-H Events from recent participants.

Let's Sew Together!- Come unwind and learn how to sew a pillowcase. All are welcome, but space is limited.

Come Spy with Me - Accept a mission (if you dare!) or work behind the scenes in the Q Lab to support spies in the field.

And much more!



Come join the fun, learn a thing or two and have a blast in Ocean City to ring in the holiday season!

Registration

Registration will be conducted through 4-H Online. **Registration will close on October 1st at 11:59 pm. Early bird registration ends on September 15th (11:59 pm EST). At 12:01 am on September 16th, prices will increase.**

Register through 4-H Online
<https://v2.4honline.com>

Click on the Events Tab from your Member's List and select the Volunteer and Teen Forum Event.

Each participant (volunteer, teen and/or youth) must register and pay separately.

Use the [Event Registration Guide](#) to help complete your registration(s).

Contact your local 4-H Team or Sarah Garrick at sgarrick@umd.edu for registration assistance.

Only complete registrations will be approved and only approved participants will be able to attend.

You will receive an email from 4-H Online confirming your approved registration and registration fee charge to your payment card.



Registration Fees

Volunteer and Teens

Full Time Volunteer and Teen Registration

Early Bird - \$110 Regular - \$130
(includes Saturday breakfast and lunch, Sunday breakfast)

Saturday Only Volunteer and Teen Registration

Early Bird - \$90
Regular - \$110
(includes Saturday lunch only)

Youth Classes

Full Time Youth Class Registration \$75

(Parent/Guardian must be Forum registrant)
(includes Saturday breakfast and lunch, Sunday breakfast)

Clover (ages 5-7) Junior (ages 8-10) Intermediate (ages 11-13)

Saturday Only Youth Registration \$50

(Parent/Guardian must be Forum registrant)
(includes Saturday lunch only)

Clover (ages 5-7) Junior (ages 8-10) Intermediate (ages 11-13)

Additional meal tickets may be purchased for family members not attending Forum activities, or select a specific meal to compliment your selected registration.

Please indicate in your registration the number of meal tickets to be purchased for each meal option.
Saturday Breakfast (\$20) Saturday Lunch (\$35) Sunday Breakfast (\$20)

Registrations in 4-H Online will be approved, and your payment card will be charged the full fee on October 1st. If a registration needs to be canceled before October 1st, send notification to jkenyon@umd.edu. **Once registration is approved, no refunds will be made.**

** If your local 4-H program agrees to pay part or all of your registration, you will need to make arrangements for reimbursement.*

Forms

Complete and upload appropriate forms to your registration in 4-H Online.

· **Maryland 4-H Event Health Form** (for all) completed & signed by parent/guardian.

All documentation must be complete, signed and submitted for a registration to be approved. Incomplete registrations as of October 1st will be canceled and registrants will be notified of the cancellation.



Hotel Reservations

A block of rooms has been held for the Volunteer and Teen Forum at the Holiday Inn Oceanfront located at **6600 Coastal Hwy, Ocean City, MD 21842**. Rooms have been held for Forum attendees for Friday, November 3rd and Saturday, November 4th. The rates are as follows:

· Oceanview or Oceanfront Efficiency \$89 per night
Hotel reservations at the Holiday Inn can be made online. [Click here to book the Holiday Inn Oceanfront](#) at the Volunteer and Teen Forum rate! Reservation rate is guaranteed up to 30 days prior to arrival.

Holiday Inn Oceanfront does not guarantee specific room type availability. Requests will be accommodated to the best of the hotel's ability. Hotel check-in time is after 4:00 pm on the day of arrival. Check-out time is before 11:00 am on the day of departure. Baggage handling, if applicable, is \$8.00 per person, round trip.

All rates are subject to the prevailing city and state taxes. Currently, hotel taxes total 11% and are subject to change.

PLEASE NOTE: Hotel reservations are separate from Forum registration. If you cancel your Forum registration, please be sure to cancel your hotel reservation.

